

Starting Over

拍數: 32 牆數: 2 級數: Improver Country
編舞者: Jenny Stephenson (UK) - September 2020
音樂: Starting Over - Chris Stapleton : (iTunes)



Restart on wall 4 after 12 counts

Vine Right, Left Side behind, Slide Rocking Chair Right Foot, Step half turn over left shoulder,

- 1&2& Step R to R side, Step L behind R, Step R to R side, Touch L next to R
- 3&4 Hold Step L to L side, Step R behind L, Slide L and drag R foot on count 8
- 5&6& Rock R for forward, recover on L foot, rock R foot back, recover on L
- 7&8 Step R foot forward, half turn over L shoulder transferring weight to L foot, Step forward on R foot

Step touch, step touch, step touch, step touch, step point point flick, vine right

- 1&2& Step L forward to L diagonal (1.30), Touch R toe to L toe, Step R Forward to R diagonal (10.30), Touch L toe to R toe
- 3&4& Step L back to L diagonal (7.30), touch R toe to L toe, Step R back to R diagonal (4.30), touch L toe to R toe

RESTART HERE ON WALL 4: MISS OUT THE LAST STEP TOUCH (4&) AND CLAP HANDS IN THE AIR ON COUNT 4

- 5&6& Step L to L side, Point R toe across L, point R toe to R side, flick R foot up behind L
- 7&8 Step R to R side, step L behind R, Step R to R side

Step half turn, Step half turn, rocking chair, sailor step

- 1 2 Step L foot forward, turn half a turn over R shoulder transferring weight to R foot
- 3 4 Step L foot forward, turn half a turn over R shoulder transferring weight to R foot
- 5&6& Rock forward on L foot, recover on R, Rock L foot to L side, recover on R
- 7&8 Step L foot behind R foot, small step/recover on R, big step to L with L foot

Shuffle forward Right, step half turn, shuffle forward right, step half turn

- 1&2 Step forward on R foot, Lock L behind R, step forward on R foot
- 3&4 Step forward on L foot, half turn over R shoulder transferring weight to R foot, step forward on L foot
- 5&6 Step forward on R foot, Lock L behind R, step forward on R foot
- 7&8& Step forward on L foot, half turn over R shoulder transferring weight to R foot, step forward on L foot Hitch R knee (optional)

Start over: Happy dancing