

I Picture You (P)

拍數: 32 牆數: 0 級數: Novice Partner
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音樂: I Picture You - Sons of Daughters



Départ : In Sweetheart position, face LOD.

Intro : 16 counts.

[1-8] M : SIDE, TOGETHER, SHUFFLE FWD, CROSS, SIDE, TRIPLE STEP

[1-8] L : SIDE, TOGETHER, SHUFFLE FWD, SIDE, TOGETHER, SHUFFLE BACK

1-2 Step R to right side, step L together R

3&4 Shuffle forward with R,L,R

5-6 M : Cross step L over R, step R to right side

 L : Step L to left side, step R together L

*** On count 5, raise both L hands over the lady's head.

*** On count 6, keep both R hands together and lower both L hands crossing over the partners.

7&8 M : Triple step on place with L,R,L

 L : Shuffle back with L,R,L

[9-16] M : CROSS, SIDE, SHUFFLE FWD, WALK, WALK, SHUFFLE FWD

[9-16] L : SIDE, TOGETHER, SHUFFLE FWD, 1/2 TURN R, 1/2 TURN R, SHUFFLE FWD

1-2 M : Cross step R over L, step L to left side

 L : Step R to right side, step L together R

*** On count 1, release both R hands.

On count 2, take back both R hands on back's man, at the waist height, (right side).

3&4 Shuffle forward with R,L,R

5-6 M : Walk L,R forward

5-6 L : 1/2 turn to right and step L back, 1/2 turn to right and step R forward

*** On count 5, release both L hands and raise both R hands over the lady's head.

*** On count 6, take back both L hands and finish in Sweetheart position.

7&8 Shuffle forward with L,R,L

Restart: At the 2nd repetition do the first 16 counts and restart from the beginning.

[17-24] ROCK STEP, RECOVER, 1/2 TURN R and STEP FWD, ROCK STEP, RECOVER, COASTER STEP, STEP FWD, PIVOT 1/2 TURN to L

1-2 Rock step R forward, recover on L

& 1/2 turn to right and step R forward

3-4 Rock step L forward, recover on R

5&6 Step L back, step R together L, step L forward

7-8 Step R forward, pivot 1/2 turn to left

Restart: At the 4th and 7th repetition do the first 24 counts and restart from the beginning.

[25-32] M : SHUFFLE FWD, SHUFFLE FWD, SHUFFLE in 1/2 TURN L, SHUFFLE in 1/2 TURN L

[25-32] L : SHUFFLE FWD, SHUFFLE in 1/2 TURN R, SHUFFLE in 1/2 TURN R, TRIPLE STEP in FULL TURN R

1&2 Shuffle forward with R,L,R

3&4 M : Shuffle forward with L,R,L

 L : Shuffle in 1/2 turn to right with L,R,L (face RLOD)

*** On count 3, keep both hands together, raise both L hands over the lady's head.

*** On count &4, keep both L hands over the lady's head.

5&6 M : Shuffle in 1/2 turn to left with R,L,R (face RLOD)

 L : Shuffle in 1/2 turn to right with R,L,R (face LOD)

*** On count 5, keep both hands together, raise both R hands over the man's head.

*** On count &6, lower both L hands and stay both R hands over the man's head.

7&8 M : Shuffle in 1/2 turn to left with L,R,L (face LOD)
 L : Triple step in full turn to right L,R,L (face LOD)

***** On count 7, raise both R hands over the lady's head.**

***** On count &8, partners bring back in Sweetheart position.**

HAVE FUN AND ENJOY !

GUY & NANCY

Last Update - 17 Mar 2022
