

Red Hot Salsa (Remix)

拍數: 64 牆數: 1 級數: Beginner
編舞者: Uli Elfrida (INA) - September 2020
音樂: Red Hot Salsa (feat. Bandit) (Fiesta Mix) - Dave Sheriff



Section 1 : Side, touch, rock, recover, touch (R - L)

1 2 Step R to right side, touch L next to R
3 & 4 Rock L back, recover on R, touch L next to R
5 6 Step L to left side, touch R next to L
7 & 8 Rock R back, recover on L, touch R next to L

Section 2 : Hip bumps twice R - L, hip bump R L R L

1 2 3 4 Step R forward diagonally right hip bumps R twice, L twice
5 6 7 8 Hip bumps R L R L

Section 3 : Fwd mambo, back mambo, side, together, side shuffle (R)

1 & 2 Rock R forward, recover on L, step R back
3 & 4 Rock L back, recover on R, step L forward
5 6 7&8 Step R side, step L together, step R side, step L together, step R side

Section 4 : Fwd mambo, back mambo, side, together, side shuffle (L)

1 & 2 Rock L forward, recover on R, step L back
3 & 4 Rock R back, recover on L, step R forward
5 6 7 8 Step L side, step R together, step L side, step R together, step L side

Section 5 : Forward, together, cross mambo (R - L), forward, turn, flick

1 2 Step R forward, step L together
3 & 4 Cross rock R behind L, recover on L, step R next to L
5 & 6 Cross rock L behind R, recover on R, step L next to R
7 8 Step R forward, pivot 1/2 turn left with flick (facing 6.00)

Section 6 : repeat section 5

Section 7 : Toe switches, clap, forward mambo, back mambo

1 & 2 Touch R toe side, step R together, touch L toe side
& 3 & 4 Step L together, touch R toe side, clap twice
5 & 6 Rock R forward, recover on L, step R forward
7 & 8 Rock L back, recover on R, step L forward

Section 8 : Heel, toe, heel, clap, sway

1 & 2 Touch R heel forward, step R together, touch L toe next to R
& 3 & 4 Step L together, touch R heel forward, clap twice
5 6 7 8 Step R side - sway R L R L

Enjoy the dance.

Contact : ulielfridaksp@gmail.com