

# Free and Easy

拍數: 32      牆數: 4      級數: Intermediate  
編舞者: Tiziana Nastasi (IT) - September 2020  
音樂: Free and Easy (Down the Road I Go) - Dierks Bentley



Start dance on lyrics

## 2 SHUFFLE DIAGONAL FORWARD RIGHT-LEFT, JAZZ BOX,

1&2      Shuffle diagonal right forward (right-left-right)  
3&4      Shuffle diagonal left forward (left-right-left)  
5-6      Cross right over the left, Step left diagonal back  
7-8      Step right to the right side, Cross left over the right

Restart on Wall 7 after 8 counts

Tag on Wall 11 after 8 counts

## POINT SWITCHES, HEELS SWITCHES, ½ TURN TO LEFT, STEP, POINT

1&2&      Touch right toe to right side, step right to center, touch left toe to right side, step left to center  
3&4&      touch right heel forward, step right to center, touch left heel forward, step left to center  
5-6      Step right forward, ½ turn to left  
7-8      Step right forward, point left behind the right foot

## ½ TURN TO LEFT and SHUFFLE FW, ½ TURN TO LEFT and SHUFFLE BACK, COASTER STEP, WALK

1&2      ½ turn to left and shuffle forward left-right-left  
3&4      ½ turn to left and shuffle back right-left-right  
5&6      Left Step back, Right step together, Left step forward  
7-8      Step right forward, step left forward

Restart on Wall 2 and 11, after 24 counts

## 2 RIGHT KICK FORWARD-DIAGONAL, SAILOR STEP, 2 LEFT KICK FORWARD-DIAGONAL, ¼ TURN TO LEFT and COSTER STEP

1-2      Right kick forward, right kick diagonal  
3&4      Cross right behind left, Step left beside right, Step right side  
5-6      Left kick forward, left kick diagonal  
7&8      ¼ turn to left and Left Step back, Right step together, Left step forward

## REPEAT

\*1° Restart: at 2 wall, after 24 count

\*\*2° Restart: at 7 wall, after 8 count

\*\*\*3° Restart: at 11 wall, after 24 count

Tag: 4 count (at 11° wall, after 8 count)

1-4      point right toe behind left foot 4 times (resume the dance from the 9th count)