

# Lose

拍數: 32      牆數: 2      級數: Intermediate  
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音樂: Lose - NIKI



Intro : 16 counts

## I. BASIC NIGHTCLUB, BASIC NIGHTCLUB, DIAMOND

1-2&      Step right to R side (1) close left behind R (2) cross right over L (&  
3-4&      Step left to L side (3) close right behind L (4) cross left over R (&  
5      Step right fwd, sweep left from back to front (5)  
6&7      Cross left over R (6) step right to R side (&) 1/8 turn , take big step L back, dragging right to L  
(7)(10.30)  
8&      Step right back (8) 1/8 turn L, step left to L side (&) (09.00)

## II. CROSS, RECOVER, SIDE, CROSS, RECOVER SIDE, FWD, 1/2 TURN, SWEEP BEHIND, SIDE, RECOVER, BEHIND, SIDE, RECOVER

1-2&      Cross right over L (1) recover on L (2) step right to R side (&  
3-4&      Cross left over R (3) recover on R (4) step left to L side (&  
5      Step right fwd, 1/2 turn L sweeping left to back (5) (03.00)  
6&7&8&      Cross left behind R (6) step right to R side (&) recover on L (7) cross right behind L (&) step  
left to L side (8) recover on R (&)

## III. BEHIND, HITCH, BEHIND, SIDE CROSS, SCISSOR, 1/4 TURN, 1/2 TURN, ROCKING CHAIR

1      Cross left behind R, hitch right around to back (1) (03.00)  
2&3      Cross right behind L (2) step left to L side (&) cross right over L (3)  
4&5      Step left to L side (4) step right beside L (&) cross left over R (5)  
6&7&8&      1/4 turn L, step R back (12.00) (6) 1/2 turn L, step L fwd (06.00) (&) rock right fwd (7) recover  
on L (&) rock right back (8) recover on L (&) (06.00)

## IV. FWD HITCH, BACK SWEEP, BACK SWEEP, COASTER STEP SWEEP, CROSS, BACK, SWAY, SWAY

1      Step right fwd, hitching left fwd (1)  
2-3      Step left back, sweeping R from front to back (2) step right back, sweeping L from front to  
back (3)  
4&5      Step left back (4) step right beside L (&) step left fwd, sweeping R to front (5)  
6&      Cross right over L (6) step L back (&  
7-8      Sway R, L

\* RESTART 1: After 24 counts of wall 4 (facing 12.00)

\* RESTART 2 & STEP CHANGE (after 18 counts of wall 7, 1/4 turn L, step L fwd touch right beside.

ENJOY THE DANCE.....

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