

Welcome To My Paradise

COPPERKNOB
BY STEPHEN

拍數: 64 牆數: 2 級數: Phrased Easy Improver, Reggae
編舞者: Anthony Kusanagi (INA) - September 2020
音樂: Steven and The Coconut Treez - Welcome To My Paradise



(A: 32 Counts, B: 32 Counts, Tag 1: 16 Counts, Tag 2: 8 Counts)
PATTERN: A A TAG1 - B TAG2 - A TAG1 - A TAG1 - B B B - B(1-20)
Start dancing after count 16 since the first "WELCOME TO MY PARADISE".

PART A: 32 Counts

I. BACKWARD WALK - CHARLESTON

1-4 Backward walk on R(1), L(2), R(3), L(4)
5-6 R touch backward(5), R step forward(6)
7-8 L touch forward(7), L step backward(8)

II. V STEP - V STEP

1-2 R step forward diagonally outward to right(1), L step forward diagonally outward to left(2)
3-4 L step backward diagonally inward into center(3), L step next to R(4)
5-6 R step forward diagonally outward to right(5), L step forward diagonally outward to left(6)
7-8 L step backward diagonally inward into center(7), L step next to R(8)

III. FORWARD LOCKED STEP DIAGONALLY TO RIGHT - BRUSH - TURN ¼ TO LEFT FORWARD LOCKED STEP DIAGONALLY TO LEFT - BRUSH

1-2 turn 1/8 to right (01.30) then R step forward(1), L locked behind R(2)
3-4 R step forward(3), L brush forward(4)
5-6 turn ¼ to left (10.30) then L step forward(5), R locked behind L(6)
7-8 L step forward(7), R brush forward(8)

IV. MODIFIED HEEL JACK TO LEFT ENDING WITH CLOSE TOUCH - ½ TURN MONTEREY

1-2 R step forward(1), turn 1/8 to right (12.00) then L step to left side(2)
3-4 turn 1/8 to right (01.30) then R touch forward on heel(3), turn 1/8 to left (12.00) then R touch next to L(4)
5-6 R touch to right side(5), turn ½ to right (06.00) then R step next to L(6)
7-8 L touch to left side(7), L step next to R(8)

PART B: 32 Counts

I. FORWARD WALK - CHARLESTON WITH SWEEP

1-4 walk forward on R(1), L(2), R(3), L(4)
5-6 R touch forward with sweeping action(5), R step backward with sweeping action(6)
7-8 L touch forward with sweeping action(7), L step forward with sweeping action(8)

II. MODIFIED BACKWARD WALK WITH TIME DELAYED AND WAVING ARMS ACTIONS

1-2 R step backward(1), hold(2)
3-4 L step backward(3), hold(4)
5-6 R step backward(5), hold(6)
7-8 L step backward(7), hold(8)

(ARM STYLE:

1&2 both arms sway upward to right(1), left(&), right(2)
&3&4 both arms swing downward on left(&), both arms sway to right(3), left(&), right(4)
&5&6 both arms swing upward on left(&), both arms sway to right(5), left(&), right(6)
&7&8 both arms swing downward on left(&), both arms sway to right(7), left(&), right(8)

III. SKATES - FORWARD TOUCH - ½ TURN MONTEREY

- 1-4 skate to right(1), left(2), right(3), left(4)
5-6 R touch forward(5), R touch to right side(6)
7-8 turn ½ to right(06.00) then R step next to L(7), L touch to left side(8)

IV. BACKWARD STEP - TWIST - BACKWARD STEP - TWIST - HIP SWAY - CLOSE TOUCH

- 1&2 L step backward(1), twist on both balls to right(&), left(2)
3&4 R step backward(3), twist on both balls to left(&), right(4)
5-6 L step to left side with hip action(5), recover to R with hip action(6)
7-8 recover to L with hip action(7), R touch next to L(8)

TAG I: (16 Counts)

I. FORWARD HEEL TWIST - COASTER STEP - FORWARD HEEL TWIST - COASTER STEP

- &1&2 R touch forward on heel(&), R swivel on heel to right(1), left(&), right(2)
3&4 R step backward(3), L step next to R(&), R step forward(4)
&6&7 L touch forward on heel(&), L swivel on heel to left(5), right(&), left(6)
7&8 L step backward(7), R step next to L(&), L step forward(8)

II. WALK AROUND

- 1-8 walk full around through right on R(1), L(2),R(3), L(4), R(5), L(6), R(7), L(8)

TAG 2: 8 Counts (Facing 06.00)

I. FORWARD HEEL TWIST - COASTER STEP - FORWARD HEEL TWIST - COASTER STEP

- &1&2 R touch forward on heel(&), R swivel on heel to right(1), left(&), right(2)
3&4 R step backward(3), L step next to R(&), R step forward(4)
&6&7 L touch forward on heel(&), L swivel on heel to left(5), right(&), left(6)
7&8 L step backward(7), R step next to L(&), L step forward(8)

ENJOY THE DANCE

For more information, please contact us on:
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