

# 194 Länder

拍數: 48                      牆數: 4                      級數: Phrased Improver  
編舞者: Mary Bee Friedrich (DE) - 24 September 2020  
音樂: 194 Länder - Mark Forster



Motion: Novelty

Tag : 1 - No Restart

Tag @ end Wall 2/6/10

Intro: 8 Count (sing LaLaLaLaLa LaLaLa)

Sequence: A/B/Tag/A/A/B/Tag/A/A/B/B/Tag/A/A/

After 8 Count Intro > Singing "Hey" > dance ... Samba Crosses 16 x / start with RF cross over LF....

## Part A - 32 Count

### Section 1: Walk R/L, Mambo Step R/L, ¼ Pivot L

1 - 2                      RF step fwd., LF step fwd.  
3 & 4                      RF step to right side, LF recover on weight, RF close to LF  
5 & 6                      LF step to left side, RF recover on weight, LF close to RF  
7 - 8                      RF step fwd., LF step ¼ turn over left

### Section 2: Cross Shuffle, Side Rock L, Coaster Step, ½ Pivot L

1 & 2                      RF cross over LF, LF step to left, RF cross over LF  
3 - 4                      LF rock to left side, RF recover on weight  
5 & 6                      LF step behind RF, RF close to LF, LF step fwd.  
7 - 8                      RF step fwd., LF step ½ turn over left

### Section 3: Shuffle R, Full Turn Step, Shuffle L, ¼ Pivot L

1 & 2                      RF step fwd., LF close to RF, RF step fwd.  
3 & 4                      LF step ½ Turn R, LR step ½ Turn R, RF step fwd.  
5 & 6                      LF step fwd., RF close to LF, LF step fwd.  
7 - 8                      RF step fwd., LF step ¼ Turn L

### Section 4: Cross Shuffle, ½ Pivot R, Jazz Box, Touch

1 & 2                      RF cross over LF, LF step to L, RF cross over LF  
3 - 4                      LF ¼ turn back R, RF ¼ turn R  
5 - 6                      LF cross over RF, RF step back  
7 - 8                      LF step to right side, RF touch to LF

## Part B 16 Count

### Section 1: Rock'n Chair, ½ Pivot L, Shuffle fwd.

1 - 2                      RF rock fwd., LF recover on weight  
3 - 4                      RF rock back, LF recover on weight  
5 - 6                      RF step fwd., LF step ½ turn L  
7 & 8                      RF step fwd., LF close to right, RF step fwd.

### Section 2: ½ Pivot R, Shuffle fwd., Rock'n Chair

1 - 2                      LF step fwd., RF step ½ turn R  
3 & 4                      LF step fwd., RF close to L, LF step fwd.  
5 - 6                      RF rock fwd., LF recover on weight  
7 - 8                      RF rock back, LF recover on weight

Tag : Side Touch R/L

1 - 2            RF step to right, LF touch to right  
3 - 4            LF step to left, RF touch to left

**It's for you Paul - Happy birthday**

**Enjoy it :-)**

**Any questions?....please...contact:**

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**RF = right Foot / LF = left Foot / fwd. = forward / bwd. = backwards**

**Last Update: 25 Oct 2023**

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