

Wasted the Days and Nights

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Katarina Halim (INA) - September 2020
音樂: Wasted Days and Wasted Nights - Freddy Fender



NO TAG AND NO RESTART

Dance starts on vocal

I. DIAGONAL RIGHT WITH HIPS, DIAGONAL LEFT WITH HIPS

1-2 Step R to diagonal right and hip bump R-L
3&4 Hip bumps R-L-R
5-6 Step L to diagonal left and hip L-R
7&8 Hip bumps L-R-L

II. FORWARD, ¼ TURN R CHASSE, CROSS SAMBA L-R

1-2 Step R forward, recover on L
3&4 ¼ Turn R stepping R to side, close L beside R, step R to side (3.00)
5&6 Cross L over R, step R to side, step L in place
7&8 Cross R over L, step L to side, step R in place

III. FORWARD, ½ TURN L SHUFFLE, FORWARD, FULL TURN R, SHUFFLE

1-2 Step L forward, recover on R
3&4 ½ Turn L stepping L forward, close R beside L, step L forward (9.00)
5-6 Step R forward, ½ turn R stepping L back
7&8 ½ Turn R stepping R forward, close L beside R, step R forward

IV. FORWARD, POINT, FORWARD, POINT, FORWARD, SAILOR ¼ TURN L

1-2 Step L forward, point R to side
3-4 Step R forward, point L to side
5-6 Step L forward, recover on R
7&8 ¼ Turn L stepping L behind R, step R to side, step L forward (6.00)

Enjoy the Dance

Contact: katrin1512halim@gmail.com