

Basket Case

拍數: 32 牆數: 4 級數: Improver
編舞者: Sophie Ruhling (FR) - September 2020
音樂: Basket Case - Gethen Jenkins



#32 count intro - CW - 5 TAGS - 1 RESTART

SECT.1 TRIPLE STEPS TO R SIDE, TRIPLE STEPS TO L SIDE, ROCK STEP R BACK, STEP 1/2 TURN L

1&2 step R to R side, step L beside R, step R to R side
3&4 step L to L side, step R beside L, step L to L side
5-6 step R back, recover onto L fwd
7-8 walk R, 1/2 turn L (weight on L) (6.00)

***restart here wall 7 (6.00)**

SECT.2 : WALK R, HOOK L BEHIND & SLAP, BACK L, HOOK R OVER L & SLAP, STOMP R FWD, STOMP L BESIDE R, APPLE JACK

1-2 walk R, hook L behind R and slap L heel with R hand
3-4 back L, hook R over L and slap R heel with L hand
5-6 stomp R fwd, stomp L beside R
&7&8 swivel L toe and R heel to L, back in place, swivel L heel and R toe to R, back in place (weight on L)

SECT.3 : TRIPLE STEPS TO R SIDE, ROCK STEP L BACK, TRIPLE STEPS TO L SIDE WITH 1/4 TURN R, 1/4 TURN R WALK R, 1/4 TURN R STEP L TO L SIDE

1&2 step R to R side, step L beside R, step R to R side
3-4 step L back, recover onto R fwd
5&6 step L to L side, step R beside L, 1/4 turn R back L (9.00)
7-8 1/4 turn R walk R, 1/4 turn R step L to L side (3.00)

SECT.4 : ROCK STEP R BACK, TRIPLE STEPS R FWD, ROCK STEP L FWD, COASTER STEP L BACK

1-2 step R back, recover onto L fwd
3&4 walk R, walk L beside R, walk R
5-6 step L fwd, recover onto R back
7&8 back L, back R beside L, walk L

***tag 1 here walls 2 (6.00) & 9 (12.00): 1-4 MONTEREY 1/2 TURN R**

1-2-3-4 point R to R side, 1/2 turn R on L ball and step R in place, point L to L side, step L in place

***tag 2 here wall 2 (12.00) after tag 1, wall 9 (6.00) after tag 1 and wall 13 (6.00) after section 4:**

[1-8] STOMP R FWD + R HAND, HOLD, STOMP L BESIDE + L HAND, HOLD, ROLLING HIPS CCW

1-2-3-4 stomp R fwd and place R hand on neck, hold, stomp L beside R and place L hand on hip, hold
5-6-7-8 roll hips CCW on 4 counts (weight on L)

***ending here wall 16 (3.00): do military 1/4 turn to L to be at 12.00**