

The Spring Equinox (春分)

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 1 級數: Improver
編舞者: Sally Hung (TW) - September 2020
音樂: The Spring Equinox (春分) - Listening to Yinque's Poems (音闕詩聽) & Wang Zi Yu (王梓钰) : (Album: 二十四節氣系列歌曲)



Sequence of dance: S1-S8, S1-S4, Tag/S1-S8, Tag/S1-S8, S1-S8, Tag/S1-S8, Tag

intro: 32 counts

Tag (4 counts)

1,2,3,4 Tap R toes in front of L, flick R, Tap R toes in front of L, flick R

Main Dance (64 counts)

S1. ROCKING CHAIR, HIP ROLL TWICE

1,2,3,4 Rock R fwd, recover on L, rock back on R, recover on L

5,6,7,8 Step R to R diagonal with Hip roll clockwise twice, ending weight on L (easy option: hip bumps to R-L-R-L)

S2. R FWD, ¼ PIVOT L (X2), CROSS POINT (X2)

1,2,3,4 Step R fwd, Pivot ¼ turn L (weight on L), step R fwd, Pivot ¼ turn L (weight on L)

5,6,7,8 Cross R over L, touch L to L, cross L over R, touch R to R

S3. REPEAT S1

S4. REPEAT S2

S5. SIDE, TOGETHER, SIDE, TOUCH, KNEE OUT-IN-OUT-IN

1,2,3,4 Step R to R, step L together, step R to R, touch L beside R with L knee towards R knee

5,6,7,8 L knee out to L, L knee in towards R knee, L knee out to L, L knee in towards R knee

S6. MIRROR STEPS OF S5

S7. TAP, TOGETHER, TAP, TOGETHER, SWEEP, SWEEP, BACK ROCK, RECOVER

1,2,3,4 Tap R fwd, step R together, tap L fwd, step L together

5,6,7,8 Sweep R from front to back stepping R in place, sweep L from front to back stepping L in place, rock R back, recover on L

S8. R BOTAFOGA, POINT, L BOTAFOGA, POINT

1,2,3,4 R across L, step L to L, step R to R, point L to L

5,6,7,8 L across R, step R to R, step L to L, point R to R

Happy Dancing!

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