AB Hard To Forget

級數: Absolute Beginner / Beginner

編舞者: Janet Cummings (USA) - August 2020

音樂: Hard to Forget (Radio Edit) - Sam Hunt

No Tags or Restarts (1 or 4 walls)

拍數: 32

Beginners have the option to change up the 3rd and 4th Sections

SECTION 1: SLOW COASTER STEP. BRUSH: STEP. SLIDE. STEP. POINT

- 1, 2, 3, 4 R Step Back, L Step Back, R Step Forward, L Brush Forward
- 5, 6, 7, 8 L Step Forward, R Slide Together, L Step Forward, R Point to Side

SECTION 2: SWEEP BACK X4 (EACH SWEEP COVERS 2 COUNTS)

- R Sweep Back End with Weight on R, L Sweep Back End With Weight on L 1-4
- 5-8 R Sweep Back - End with Weight on R, L Sweep Back - End With Weight on L

SECTION 3: RIGHT STEP TO SIDE, LEFT CLOSE, RIGHT STEP TO SIDE, L FLICK; L STEP TO SIDE, R CLOSE, L STEP TO SIDE, R FLICK

- 1, 2, 3, 4 R Step to Side, L Follow, R Step to Side, L Flick
- 5, 6, 7, 8 L Step to Side, R Follow, L Step to Side, R Flick
- ***NOTE: Beginner Option Right Turning Vine, Left Turning Vine

SECTION 4: R ROCKING CHAIR, SWAY GENTLY RIGHT (2 Counts), LEFT (2 Counts)

- 1, 2, 3, 4 R Rock Forward, L Recover, R Rock Back, L Recover
- 5, 6, 7, 8 R Sway to Side, Hold; L Sway to Side, Hold

***NOTE: Beginner Option- Steps 5 - 8 Do a Right ¼ Turn Jazz Box, making this a 4-Wall dance.

Note: Dancers: Learning Line Dance Terminology is paramount to your success. Wear safe shoes, follow floor etiquette, and always show respect to your instructors and your peers.

Additional Note: This dance is #22 in our AB Series...and #55 of my Choreography career. It's been an amazing two year journey. Thank you for your support, stay healthy!

For your continued growth within this series, we are covering yet one more new step and that is a "Sweep"...Have fun with it!

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牆數: 1