

Just Five More

拍數: 32 牆數: 4 級數: Low Intermediate
編舞者: Willie Brown (SCO) & Jonas Dahlgren (SWE) - June 2020
音樂: Five More Minutes - Jonas Brothers



Intro; On the word 'minutes' eg; 'Give me five more minutes...' (approx 3 seconds)

SECTION 1 - FORWARD, ¼ TURN, SAILOR ¼ TURN, FORWARD, ¼ TURN, SAILOR ½ TURN

1,2 Step forward on Right, Turn ¼ Right and step Left to Left side
3&4 Cross Right behind Left, turn ¼ Right step Left to Left side, step forward on Right [6]
5,6 Step forward on Left, turn ¼ Left and step Right to Right side
7&8 Turn ¼ Left stepping to side on Left, close Right beside Left, turn ¼ Left stepping forward on Left [9]

SECTION 2 - &BEHIND, OUT-IN-STEP, SAMBA STEP, CROSS, ¼ TURN, ¼ CHASSE WITH FLICK

&1 Step Right to Right side, cross Left behind Right
2&3 Touch Right toe to Right side, touch Right toe beside Left, step Right to Right side
4&5 Cross Left over Right, rock Right to Right side, recover weight on Left
6,7 Cross Right over Left, turn ¼ Right and step back on Left
8& beginning chasse turn ¼ Right and step Right to Right side, close Left beside Right [3]

SECTION 3 - CROSS, FULL UNWIND WITH SWEEP, BEHIND-SIDE-CROSS, HIP BUMPS L-R-L, RECOVER WITH HITCH 1/8 TURN

1 Completing chasse step Right to Right side whilst flicking Left foot out to Left side
2, 3 Cross Left over Right, unwind full turn Right sweeping Right out and back [3]
4&5 Cross Right behind Left, step Left to Left side, cross Right over Left
6&7 Stepping Left to Left side bump hips Left, Right, Left
8 Take weight on Right whilst hitching Left knee up and turning 1/8 Left [1.30]

SECTION 4 - WALK, WALK, SHUFFLE FORWARD, MAMBO FORWARD, 3/8 TURN, ½ TURN WITH SWEEP

1, 2 Staying in diagonal step forward on Left, step forward on Right
3&4 Shuffle forward Left, Right, Left
5&6 Rock forward on Right, recover weight back on Left, step back on Right
7,8 Turn 3/8 Left and step forward on Left, sweep Right out and forward turning ½ Left [3]

...START AGAIN...

Tag; At end of wall 3, facing 9 o'clock, dance the first 4 counts then add the following;

&5 Step out to Left on Left, step out to Right on Right
6,7,8 Roll hips clockwise over 3 counts ending with weight on Left

Contact: williebrownuk@yahoo.co.uk - info@uandme.dance