

Damn Nineteen

拍數: 64 牆數: 4 級數: Novice
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音樂: Do What You Can - Bon Jovi & Jennifer Nettles



Sheet translated by: Jesús Moreno Vera

Intro: Pre 8 counts + 32 counts

[1-8]: WAVE, ROCK RECOVER, CROSS

- 1 Step with the right foot to the right.
- 2 Cross left foot behind the right.
- 3 Step with right foot to the right.
- 4 Cross the left foot in front of the right.
- 5 Rock with right foot to the right.
- 6 Recover weight on the left foot.
- 7 Cross the right foot in front of the left.
- 8 Hold.

[1-8]: WAVE, ROCK RECOVER, CROSS

- 1 Step with left foot to the left.
- 2 Cross the right foot behind the left.
- 3 Step with left foot to the left.
- 4 Cross the right foot in front of the left.
- 5 Rock with left foot to the left.
- 6 Recover weight on the right foot.
- 7 Cross the left foot in front of the right.
- 8 Hold.

** Here restart on walls 2, 5 and 9 **

[1-8]: MODIFIED RUMBA BOX

- 1 Step with the right foot to the right.
- 2 Step with the left foot next to the right.
- 3 Step forward with your right foot.
- 4 Hold.
- 5 Step with your left foot to the left.
- 6 Step with the right foot next to the left.
- 7 Step forward with your left foot.
- 8 Hold.

[1-8]: ROCK FWD, FULL TURN WITH TOE STRUTS, BACK, TOGETHER.

- 1 Rock forward with the right foot.
- 2 Recover weight on the left foot.
- 3 Turn ½ turn to the right and point your right foot forward.
- 4 Lower heel.
- 5 Turn ½ turn to the right and tip left back.
- 6 Lower heel.
- 7 Step back with your right foot.
- 8 Step with the left foot next to the right.

[1-8]: LOCK STEP, SCUFF, LOCK STEP, STOMP

- 1 Step with your right foot forward.

- 2 Lock left foot behind the right.
- 3 Step forward with your right foot.
- 4 Scuff with left foot
- 5 Step forward with your left foot.
- 6 Lock with the right foot behind the left.
- 7 Step forward with your left foot.
- 8 Stomp with the right foot next to the left.

[1-8]: APPLE JACKS

- 1 With the weight on the left heel and right toe, swivel the right heel to the left.
- 2 Return to the center.
- 3 We change the weight on the right heel and left toe, swivel the left heel to the right.
- 4 Return to the center.
- 5 With the weight on the left heel and right toe, swivel the right heel to the left.
- 6 Return to the ventro.
- 7 We shift the weight on the right heel and left toe, swivel the left heel to the right.
- 8 Return to the center.

[1-8]: GRAPEVINE R, SCUFF GRAPEVINE L ¼, SCUFF,

- 1 Step with the right foot to the right.
- 2 Cross left foot behind the right.
- 3 Step with right foot to the right.
- 4 Scuff with left foot.
- 5 Step with your left foot to the side of the left.
- 6 Cross right foot behind left.
- 7 Turn ¼ to the left and step forward with your left foot.
- 8 Scuff with right foot.

[1-8]: MAMBO STEP, COASTER STEP.

- 1 Rock forward with the right foot.
- 2 Regain weight on the left foot.
- 3 Step back with your right foot.
- 4 Hold.
- 5 Step back with your left foot.
- 6 Step with the right foot next to the left.
- 7 Step forward with your left foot.
- 8 Hold.

START OVER

RESTARTS: On walls 2, 5 and 9 do the first 8 counts and start over.

**** TAG at the end of the wall 10 ****

[1-4]: JAZZBOX WITH TOE STRUTS

- 1 Point right foot crossed in front of the left foot.
 - 2 Lower heel.
 - 3 Tip left back.
 - 4 Lower heel.
 - 5 Point right foot to the right.
 - 6 Lower heel.
 - 7 Toe left forward.
 - 8 Lower heel.
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