

Diamond Cha

拍數: 32 牆數: 4 級數: Intermediate
編舞者: Mark Furnell (UK) & Chris Godden (UK) - September 2020
音樂: Diamonds - Sam Smith



#16 Count Intro

[01 - 09]: Side, Back Rock, Scissor Cross, Hinge 1/2 Turn, Step Together Touch

1 Step left to left
2-3 Rock right back, recover weight onto left
4&5 Step right to right, step left beside right, cross right over left
6-7 Step left to left making 1/4 turn Right, Step Right in Right making 1/4 turn Right(6:00)
8&1 Step left forward, step right beside left, Touch left toe forward

[10 - 16]: Hold, Rock, Rock, Ball Step, Syncopated Side Rock Cross x 2

2 Hold
3-4 Rock forward on left, Rock back on Right
Styling for counts 3-4 Body roll down from head to toe taking weight back onto right
&5 Step left beside right, step right forward
6&7 Rock left to left, recover weight onto right, cross left over right
&8& Rock right to right, recover weight onto left, cross right over left

[17 - 25]: Body Roll x 2, Behind, 1/4 Step, Step 1/2 Pivot, Step 1/2 Pivot

1-2 Turn 1/8 left step left forward body roll down from head to toe taking weight back onto right (4:30)
3-4 Body roll down from head to toe finishing with weight back on right

*Optional Arms

*1-2 Make wave shape forward with right arm

*3-4 Make wave shape forward with right arm

5-6 Step left behind right, step right forward making 1/4 turn right (9:00)
7& Step left forward, pivot 1/2 right (3:00)
8& Step left forward, Pivot 1/2 right (9:00)

[25 - 32]: Cross, Side, 1/4, Side Together Together

1-2 Cross left over right, step right to right
3 Turn 1/8 left step left back (7:30)
4&5 Step right back, turn 1/8 left step left to left, turn 1/8 left step right forward (4:30)
6-7 Step left forward, turn 1/8 left step right to right (3:00)
8& Step left beside right, step right beside left

Tag danced after walls 2, 3, 5 & 8

1-2 Sway hips left
3-4 Sway hips right