

Lalalay

拍數: 64 牆數: 4 級數: Phrased High Improver
編舞者: EunSil Kang (KOR) - September 2020
音樂: LALALAY (날라리) - SUNMI (선미)



Sequence: AAA AAA AB TAG AA

Tag: Out, Out, Hip Roll R 4 count (After Finish Part B)

Part A

S1: WHISK R, WEAVE, WHISK L, WEAVE

1 2& RF Step R(1), LF Behind right(on ball)(2), RF Step in place(&)
3&4& LF Step L(3), RF Cross Behind(&), LF Step L(4), RF Cross Over(&)
5 6& LF Step L(5), RF Behind right(on ball)(6), LF Step in place(&)
7&8& RF Step R(7), LF Cross Behind(&), RF Step R(8), LF Cross Over(&)

S2: STATIONARY SAMBA WALK X2, VAUDEVILLE STEP X2

1 2& RF Together(1), LF Step Backward(on ball)(2), RF Step in place(&)
3 4& LF Together(3), RF Step Backward(on ball)(4), LF Step in place(&)
5&6& RF Cross Over(5), LF Step L(&), RF Touch diagonally R Forward(6) RF Step R(&)
7&8& LF Cross Over(7), RF Step R(&), LF Touch diagonally L Forward(8) LF Step L(&)

S3: CROSS SAMBA STEP X2, 1/4R CROSS SAMBA STEP, CROSS SAMBA STEP

1 2& RF Cross Over(1), LF Side Step(on ball)(2), RF in place(&)
3 4& LF Cross Over(3), RF Side Step(on ball)(4), LF in place(&)
5 6& RF Cross Over(5), LF 1/4 Turn R Side Step(on ball)(6), RF in place(&)
7 8& LF Cross Over(7), RF Side Step (on ball)(8), LF in place(&)

S4: FORWARD MAMBO STEP, BACKWARD MAMBO STEP, FORWARD MAMBO STEP, 1/2 L FORWARD SHUFFLE

1&2 RF Step Forward(1), LF Recover(&), RF Step Backward(2)
3&4 LF Step Backward(3), RF Recover(&), LF Step Forward(4)
5&6 RF Step Forward(5), LF Recover(&), RF Step Backward(6)
7&8 LF 1/4Turn L Step Forward(7), RF Cross Behind(&), LF 1/4Turn L Step Forward(8)

Part B

S1: 1/2 L PIVOT TURN, SLOW FORWARD, FORWARD TOGETHER

1 2 RF Step Forward(slow)(1 2)
3 4 LF 1/2 Turn L Step Forward(slow)(3 4)
5 6 RF Cross Forward(slow)(5 6)
7 8 LF Cross Forward(7), RF Together(8)

S2: KICK ,STEP, SIDE TOUCH, FULL TURN R, SIDE, TOGETHER, VAUDEVILLE STEP X2

1&2 LF Kick Forward(1), LF Recover(&), RF Side Touch(2)
3&4& RF Step Forward(3), LF 1/2Turn R Step Backward(&), RF 1/4Turn R Step R(4) LF Step Together(&)
5&6& RF Cross Over(5), LF Step L(&), RF Touch diagonally R Forward(6) RF Step R(&)
7&8& LF Cross Over(7), RF Step R(&), LF Touch diagonally L Forward(8) LF Step L(&)

S3: CROSS SAMBA STEP X2, 1/4R CROSS SAMBA STEP, CROSS SAMBA STEP

1 2& RF Cross Over(1), LF Side Step(on ball)(2), RF in place(&)
3 4& LF Cross Over(3), RF Side Step(on ball)(4), LF in place(&)
5 6& RF Cross Over(5), LF 1/4 Turn R Side Step(on ball)(6), RF in place(&)

7 8& LF Cross Over(7), RF Side (on ball)(8), LF in place(&)

S4: FORWARD MAMBO STEP, BACKWARD MAMBO STEP, FORWARD MAMBO STEP, 1/2L FORWARD SHUFFLE

1&2 RF Step Forward(1), LF Recover(&), RF Step Backward(2)

3&4 LF Step Backward(3), RF Recover(&), LF Step Forward(4)

5&6 RF Step Forward(5), LF Recover(&), RF Step Backward(6)

7&8 LF 1/4Turn L Step Forward(7), RF Cross Behind(&), LF 1/4Turn L Step Forward(8)

Tag: OUT, OUT, HIP ROLL R(9.00)

1234 RF Step R(1), LF Step L(2), Hip Roll R(3 4)

Contact: essue0808@gmail.com - Enjoy Dance
