

Salt!!

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Henrik Gronvold (NOR) - September 2020
音樂: Salt - Ava Max



#16 count Intro - 1 Restart,

Shuffle Forward, Rock Step, Shuffle Back, Rock Step

1&2 Step RF forward, step LF beside RF, step RF Forward
3,4 Step LF forward, weight back onto RF
5&6 Step LF back, step RF beside LF, step LF back
7,8 Step RF back, weight forward onto LF

Restart: On the beginning of wall 10 dance the first 8 count's, then restart dance from the beginning.

Shuffle R, Rock Step, Shuffle L, Rock Step

1&2 Step RF to R side, step LF beside RF, step RF to R
3,4 Step LF back, weight forward onto RF
5&6 Step LF to L side, step RF beside LF, Step LF to L
7&8 Step RF back, weight forward onto LF

Rock step forward R diagonal, Cross back step, ¼ turn L With Heel Bounce

1,2 Step RF forward to R diagonal, weight back onto LF
3,4 Step RF behind LF, step LF to L side
5 Step RF forward
6,7,8 With weight on both feet turn ¼ to L, while bouncing both heels up & down x3. Ending with weight on LF (face 09:00).

Cross Touch, Cross Touch, Step Forward, ½ Turn, (With Heel Bounce)

1,2 Touch RF in front of LF, step RF beside LF
3,4 Touch LF in front of RF, step LF beside RF
5 Step RF forward
6,7,8 With weight on both feet make a ½ turn L ending with weight forward onto LF (face 03:00)

Option: On count 6,7,8 in section 4

Bouncing both heels up & down x3. Ending with weight on LF