

Head & Heart AB

拍數: 32 牆數: 4 級數: Absolute Beginner
編舞者: Dag Alexander Wien (NOR) - September 2020
音樂: Head & Heart (feat. MNEK) - Joel Corry : (CD: Head & Heart - Single)



Intro: 16 counts

(Tap, Tap, Step, Step, Touch) x2

1&2 Tap RF beside LF, tap RF beside LF, make a small step with RF to R diag fwd
3-4 Step LF fwd, touch Rf beside LF
5&6 Tap RF beside LF, tap RF beside LF, make a small step with RF to R diag fwd
7-8 Step LF fwd, touch Rf beside LF

Step, Touch, Step, Together, Step, Touch, Step, Hold

1-2 Step RF R diag fwd, LF touch beside RF
3-6 Step LF L diag back, step RF together, step LF L diag back, touch RF beside LF
7-8 Step RF to R side, hold

(Scissor step, Hold & Clap) x2

1-4 Step LF to L side, step RF beside LF, cross LF in front of RF, Hold & clap
5-8 Step RF to R side, step LF beside RF, cross RF in front of LF, Hold & clap

Step, Touch, Turn 1/4R Step, Touch, Grapevine

1-2 Step LF to L side, touch RF beside LF
3-4 Turn 1/4 R & step RF to R side, touch LF beside RF 03:00
5-8 Step LF to L side, step RF behind LF, step LF to L side, touch RF beside LF

Start again

NO Tags, NO Restarts

Have fun & Enjoy :-)

RF = Right Foot
R = Right

If any questions; please contact me at: dagalexander@me.com