Horseride



拍數: 32 牆數: 4 級數: Intermediate

編舞者: Myra Harrold (SCO) - September 2020

音樂: Horseride - BRELAND



Intro: 8

SECT:1 DOROTHY STEPS FWD,HITCH BACK X 2,GALLOP BACK X 2

1,2&3&4& Rf Fwd Diagonal R,Lf Behind Rf,Rf Fwd Diagonal R,Lf Fwd Diagonal L,Rf Behind Lf,Lf

Diagonal L,Rf Diagonal R (12)

5,6,7,&8&1 Lf Behind Rf,Hitch Rf To Step Behind Lf,Hitch Lf To Step Behind Rf,Back Rf Out To R,Back

Lf Out To L (Shoulder Width Apart) Repeat Back Out, Out (12)

(A Bit Of Fun=Thumb In Waistband, Twirl Your Lasso In The Air For The Gallops Back)

SECT:2 CROSS,1/4,FWD LOCK X 2,FWD,R KICK BALL ROCK,L KICK BALL SLIDE

2,3&4&5 Cross Rf Over Lf,Pivot 1/4 R,Lf Fwd,Lock Rf Behind,Lf Fwd,Lock Rf Behind,Lf Fwd (3) 6&7&8&1 Kick Rf Fwd,Step Down,Lf Rock L,Recover To Rf,Kick Lf Fwd,Step Down**,Rf Big Step

R,Draw Lf(3) ** Restart Here

SECT:3 BACK ROCK,1/4,SLIDE,1/8,ROCK,SLIDE BACK,SLIDE BACK,BEHIND,3/8,FWD,STEP LOCK,STEP

2&3,4& Rock Lf Back,Recover To Rf,Turn 1/4 R,Lf Big Step L,Draw Rf,Pivot 1/8 L,Rock Rf

Fwd, Recover To Lf (4.30)

5,6,7&8&1 Rf Back,Pop L Knee,Slide Lf Back Past Rf To Step Back,Pop R Knee,Slide Rf Past Lf To

Step Back, Turn 3/8 L, Lf Fwd, Rf Fwd, Lock Lf Behind, Rf Fwd (12)

SECT:4 PADDLE 3/4 R,R KICK BALL STEP,SIT,TWIST 1/2 R TO STAND,MAMBO BACK

2&3 Pivot 1/4 R,Rock Lf To L,Recover 1/4 R To Rf,Pivot 1/4 R,Lf To L, (9)

4&5 Rf Kick, Step Down, Lf To Front Of Rf (9)

6 Bend Both Knees Putting Weight On Rf, Push Bottom Back, (9)

7,8& Twist 1/2 R & Straighten Legs At The Same Time, Rock Rf Back, Recover To Lf (3)

Restart On Wall 5 In Sect:2 After Counts 8& Facing 3 O Clock