

Time 2 Start Over

拍數: 64 牆數: 4 級數: High Improver
編舞者: Wil Bos (NL) - September 2020
音樂: Starting Over - Chris Stapleton



Info: Intro 32 counts

Side Shuffle ¼ R, ½ Chase Turn, Step Fwd, Lock Step R, Mambo Step

1&2 RF. Step R - LF. Close beside RF - RF. Step fwd ¼ R
3&4 LF. Step fwd - RF & LF. Make ½ turn R - LF. Step fwd
5&6 RF. Step fwd - LF. Lock behind RF - LF. Step fwd
7&8 RF. Step fwd - LF. Recover - RF. Step back (9.00)

Mambo Heel, Coaster Cross, Mambo Cross L, Mambo Cross R

1&2 RF. Step back - LF. Recover - RF. Touch Heel fwd
3&4 RF. Step back - LF. Close beside RF - RF. Cross over LF
5&6 LF. Step to L - RF. Recover - LF. Cross over RF
7&8 RF. Step R - LF. Recover - RF. Cross over LF (9.00)

Full Rhumba Box, Shuffle ½ Turn Left, Mambo ¼ R,

1&2 LF. Step L - RF. Close beside LF - LF. Step fwd
3&4 RF. Step R - LF. Close beside RF - RF. Step back
5&6 LF. ¼ turn L step to left side - RF. Close beside LF - LF. ¼ turn L step fwd (3.00)
7&8 RF. Step fwd - LF. Recover - RF. 1/4 Turn R step to R (6.00)

Cross Over, Step R, Cross Behind & Sweep, Cross Behind, Step L, Cross Over, Recover Step R, Recover, Cross Behind & Sweep, Behind Side Step Fwd

1&2& LF. Cross over RF - RF. Step R - LF. Cross behind RF - RF. Sweep from front to back
3&4& RF. Cross behind LF - LF. Step to L - RF. Cross over LF - LF. Recover
5&6& RF. Step R - LF. Recover - RF. Cross behind LF - LF. Sweep from front to back
7&8 LF. Cross behind RF - RF. Step R - LF. Step fwd (6.00)

Charleston step x 2. Mambo ½ Turn R, ½ Chase Turn R,

1-2 RF. Touch toe fwd - RF. Step back
3-4 LF. Touch toe back - LF. Step fwd
5&6 RF. Step fwd - LF. Recover - RF. ½ turn R step fwd
7&8 LF. Step fwd - RF & LF. Make ½ turn R - LF. Step fwd (6.00)

Toe Heel Stomp x 2, Mambo Step, Run Run Run,

1&2 RF Touch toe together, RF. Touch heel together, RF. Stomp fwd
3&4 LF Touch toe together, LF. Touch heel together, LF. Stomp fwd *** restart here in wall 2
5&6 RF. Step fwd - LF. Recover - RF. Step back
7&8 LF. Walk back - RF. Walk back - LF. Walk back (6.00)

Coaster Step, Lockstep Fwd, ¼ Pivot Turn, Cross, ¼ Turn R x 2,

1&2 RF. Step back - LF. Close beside RF - RF. Step fwd
3&4 LF. Step fwd - RF. Lock behind LF - LF. Step fwd
5&6 RF. Step fwd - RF & LF. Make ¼ turn L - RF. Cross over LF
7&8 LF. ¼ R step back - RF. ¼ R step to R - LF. Cross over RF (9.00)

Side Rock, Recover, Behind Side Cross, Step, Touch, Step, Kick, Behind Side Cross

1&2 RF Step R, LF. Recover
3&4 RF Cross behind LF, LF Step L, RF. Cross over LF

5&6& LF. Step L - RF. Touch beside LF - RF. Step R - LF. Kick left diagonal fwd
7&8 LF Cross behind RF, RF Step R, LF. Cross over RF (9.00)

***** Restart in wall 2 after 44 counts**

Start Again
