

Lenggang Porodisa

拍數: 96 牆數: 4
編舞者: Anna Ap (INA) - September 2020
音樂: Porodisa - Anitha Essing

級數: Phrased High Beginner



Start on vocal

A

#1. Side, together, side, touch (R-L)

1 - 2 step R side, close L together
3 - 4 step R side, touch L next to R
5 - 6 step L side, close R together
7 - 8 step L side, touch R next to L

#2. Touch, touch, forward shuffle (R-L)

1-2 touch R Heel forward, touch L toe next to R
3&4 step R forward, step L next to R, step R forward
5-6 touch L Heel forward, touch R toe next to L
7&8 step L forward, step R next to L, step L forward

#3. Back, back, back shuffle (R-L)

1-2 step R slightly diagonal back, step L slightly diagonal back
3&4 step R slightly diagonal back, step L next to R, step R slightly diagonal back
5 - 6 step L slightly diagonal back, step R slightly diagonal back
7&8 step L slightly diagonal back, step R next to L, step L slightly diagonal back

#4. Cross, turn 1/4 right back, back hitch, step turn 1/2 left, back, back, hitch

1 - 2 Cross R over L, turn 1/4 right step L back (3.00)
3 - 4 Step R back, Hitch L
5 - 6 Step L forward, turn 1/2 step R back (9.00)
7 - 8 Step L back, Hitch R

B.

#1. Walk RLR, hitch, Back LRL, turn 1/4 left, touch

1-4 Step R forward, step L forward, step R forward, hitch L
5-8 Step L back, step R back, step L back, turn 1/4 left touch R next to L (9.00)

#2. Walk RLR, hitch, Back LRL, turn 1/4 right, touch

1-4 Step R forward, step L forward, step R forward, hitch L
5-8 Step L back, step R back, step L back, turn 1/4 right touch R next to L (12.00)

#3. Walk RLR, hitch, Back LRL, turn 1/4 right, touch

1-4 Step R forward, step L forward, step R forward, hitch L
5-8 Step L back, step R back, step L back, turn 1/4 right touch R next to L (3.00)

#4. Walk RLR, hitch, Back LRL, turn 1/4 left, touch

1-4 Step R forward, step L forward, step R forward, hitch L
5-8 Step L back, step R back, step L back, turn 1/4 left touch R next to L (12.00)

C

#1. Diagonally Rocking Chair 2x

1-4 turn 1/8 left Rock R forward, recover on L, Rock R back, (11.30)
5-8 recover on L, Rock R forward, recover on L, Rock R back, recover on L

#2. Diagonally Rocking Chair, rock, recover, turn 1/4 right, touch

1-4 Rock R forward, recover on L, Rock R back, recover on L,

5-8 Rock R forward, recover on L, turn 1/4 right step R side, touch L next to R (1.30)

#3. Diagonally Rocking Chair 2x

1-4 Rock L forward, recover on R, Rock L back, recover on R,

5 - 6 Rock L forward, recover on R, Rock L back, recover on R

#4. Diagonally Rocking Chair, rock, recover, turn 1/8 left, touch

1-4 Rock L forward, recover on R, Rock L back, recover on R,

5-8 Rock L forward, recover on R, turn 1/8 right step L side, touch R next to L (12.00)

Intro 2x

Seq: AAA Tag ABC AAA Tag AA Tag AB(6.00) B(12.00)

Tag 3x

Tag 1 after wall 3 facing 3.00

Tag 2 after wall 13 facing 3.00

Tag 3 after wall 15 facing 9.00

Enjoy dancing..
