Cuckoo Sisters

COPPER KNOP

拍數: 32

牆數:4

級數: High Beginner - Italo Disco

編舞者: Christina Yang (KOR), Hye-yeon Chun (KOR) & Kangmi Jeon (KOR) -September 2020 音樂: Swiss Boy - Lou Sern



Start the dance after 32 counts

SECTION 1: DIAGONAL FORWARD, HITCH, BACK, BACK TOUCH, FULL TURN TO R, SIDE TOUCH AND CLAP TWICE

- 1-4 Step RF forward to diagonal, hitch LF, step LF backward, touch RF backward
- 5-6 1/4 turn to R stepping RF in place, 1/2 turn to R stepping LF backward
- 7&8 1/4 turn to R stepping RF side and touch LF side, clap, clap

SECTION 2: CROSS, SIDE ROCK, RECOVER, 1/4 TURN TO R WITH JAZZ BOX, CROSS SHUFFLE

- 1-4 Cross LF over RF, rock RF to side, recover on LF, cross RF over LF
- 5-6 1/4 turn to R stepping LF backward, step RF to side
- 7&8 Cross LF over RF, step RF to side slightly, cross LF over RF

SECTION 3: (SIDE ROCK, RECOVER, CROSS, SIDE, CROSS) X 2

- 1-2 Rock RF to side, recover on LF
- 3&4 Cross RF behind LF, step LF to side, cross RF over LF
- 5-6 Rock LF to side, recover on RF
- 7&8 Cross LF behind RF, step RF to side, cross LF over RF

SECTION 4: SIDE ROCK, RECOVER, CROSS BEHIND ROCK, RECOVER, SIDE, ROCK LF AND BAND OF L KNEE(BODY TURN TO DIAGONAL), RECOVER ON RF, ROCK LF AND BAND OF KNEE, STRAIGHT L KNEE

- 1-2 Rock RF to side, recover on LF
- 3&4 Cross rock RF behind LF, recover on LF, step RF to side
- 5-8 Rock LF and band of L Knee(Body turn to diagonal), recover on RF, rock LF and band of L knee, straight L knee(weight on LF)

RESTART : On the wall 8, you will dance to 16 counts and start again in turning 1/4 to R

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