

My Choice (选择)

拍數: 36 牆數: 2 級數: Improver
編舞者: Lily Ang (SG) - September 2020
音樂: My Choice - Sally Yeh & George Lam



Intro: start on vocal

Section 1: Behind, Side, Cross, Cross, Side, Behind, Rock Back, Recover, Chasse

1&2 Cross right behind left, Step left to left side, Cross step right over left
3&4 Cross step left over right, Step right to right side, Cross left behind right with sweep
5 - 6 Rock back right behind left, Recover weight on left
7&8 Step right to right side, Close left beside right, Step right to right side

Section 2: Rock Back, Recover, Shuffle Fwd, ½ Pivot Turn, Full Turn

1 - 2 Rock back left behind right, Recover weight on right
3&4 Left shuffle forward stepping, L, R, L
5&6 Step forward on right, Pivot ½ turn left, Step forward on right
7 - 8 Make ½ turn left stepping back on left, ½ turn left stepping forward on right

Section 3: Fwd Rock, Recover x2, Pivot ¼ Turn, Cross Shuffle

12& Rock forward on left, Recover onto right, Step left to left side
34& Rock forward on right, Recover onto left, Step right to right side
5 - 6 Step left forward, Pivot ¼ turn right step right to right side
7&8 Cross left over right, Step right to right side, Cross left over right

Section 4: Basic Nightclub x2, ¼ turn Basic Nightclub, Side, Behind, Side

12& Big step the right, Rock back on left, Recover onto right crossing left
34& Big step the left, Rock back on right, Recover onto left crossing right
56& Make ¼ turn left Big step the right, Rock back on left, Recover onto right crossing left
7&8 Step left to left side, Step right behind left, Step left to left side

Restart here on wall 4 after 32 counts with step change

Section 5: Cross Rock, Recover, Side Rock, Recover

1 - 2 Rock right across left, Recover onto left
3 - 4 Rock right to right side, Recover onto left

TAG 1: At the end of Wall 2 (start facing 6:00, tag facing 12:00) and Wall 3 (start facing 12:00, tag facing 6:00) add the following 4 counts

Sway, Sway, Sway, Sway,

1-2-3-4 Step right slightly to right side as you Sway R, L, R, L

TAG 2: At the end of Wall 6 (start facing 6:00, tag facing 12:00) add the following 8 counts

Sway, Sway, Sway, Sway, Slow Sailor R, L

1-2-3-4 Step right slightly to right side as you Sway R, L, R, L

1&2 Cross right behind left, Step left out to left side

3&4 Step right slightly to the right side, Step left to the left