

# Hey Old Lover

拍數: 32      牆數: 4      級數: Improver  
編舞者: Lesley Kidd (UK), Rob Fowler (ES) & I.C.E. (ES) - August 2020  
音樂: Hey Old Lover - Kip Moore



**Intro: 8 counts (approx. 5 secs)**

**S1: Walk R, Walk L, Side Rock, Recover, Step R, L Point & Heel & Rock, Recover Clock**

1,2      Walk forward R, walk forward L  
&3,4      Rock R to R side, recover onto L, step R beside L  
5&6&      Point L to L side, step L beside R, tap R heel forward, step R beside L  
7,8      Rock forward L, recover onto R (12:00)

**S2: Rock Back ¼ L, Recover ¼ R, Rock Forward L, Recover ¼ R, Cross L, ¼ Turn L, Step L, Cross R, Side L**

1,2      Rock back L turning ¼ L (to 9:00), recover onto R turning ¼ R (to 12:00)  
3,4      Rock forward L, recover onto R making ¼ turn R (3:00)  
5,6      Cross L over R, step back R making ¼ turn L (12:00)  
&7,8      Step L next to R, cross R over L (angling body to 10:30), step L to L side

**S3: R Heel Grind, R Sailor, L Cross Shuffle, Step R, Together L, Hold**

1,2      Rock fwd R heel twisting R toe from L to R, recover back on L (12:00)  
3&4      Step R behind L, step L to L side, step R to R side  
5&6      Step L across R, step R to R side, step L across R  
&7,8      Step R to R side, step L next to R turning ⅛ L, hold (10:30)

**S4: Cross R, ¼ Turn R, ½ Turn R, Point L, Switch, Touch R, R Kick Ball Step**

1,2      Cross R over L squaring up to 12:00, make ¼ turn R stepping back L (3:00)  
3,4      Make ½ turn R stepping forward R, point L to L side (9:00)  
&5,6      Step L beside R, point R to R side, touch R beside L  
7&8      Kick R forward, step R beside L, step L slightly forward (9:00)

**Start Over**

**TAG: At the end of Wall 3, facing 3 o'clock, dance the following 8 counts then restart the dance.**

**R Chasse, Rock Back L, Recover R, Full Turn L, Touch R**

1&2      Step R to R side, step L beside R, step R to R side  
3,4      Rock back L, recover onto R  
5,6      Make ¼ turn L stepping forward L, make ½ turn L stepping back R  
7,8      Make ¼ turn L stepping L to L side, touch R beside L