

BFE

拍數: 32 牆數: 4 級數: Improver
編舞者: Kevin Machak (USA) - September 2020
音樂: BFE - Kane Brown



Restarts: 1 (wall 5)

#48 Count Intro, starts with lyrics

[1-8] STOMP RIGHT, SWIVEL-SWIVEL-STOMP LEFT; STOMP LEFT, SWIVEL-SWIVEL-STOMP RIGHT

- 1 Stomp right foot forward & slightly to the right with all your weight on the right
- 2-4 Swivel left heel towards the right (2), swivel left toe towards the right (3), then stomp the left foot next to right (but no weight) (4)
- 5 Step left foot forward & slightly to the left with all your weight on the left
- 6 - 8 Swivel right heel towards the left (6), swivel right toe towards the left (7), then stomp the right foot next to left (but no weight) (8)

[9-16] DIAGONAL SLIDES BACKWARDS (RIGHT, LEFT, RIGHT, LEFT)

- 1-2 Slide back on right foot (1), touch left next to right (2) (add optional clap on count 2)
- 3-4 Slide back on left foot (3), touch right next to left (4) (add clap optional on count 4)
- 5-6 Slide back on right foot (5), touch left next to right (6) (add optional clap on count 6)
- 7-8 Slide back on left foot (7), touch right next to left (8) (add clap optional on count 8)

[17-24] RIGHT SHUFFLE, LEFT 3/4 UNWIND, RIGHT ROCKING CHAIR

- 1&2 Step right foot to the right (1), step left foot next to right (&), step right foot to the right (2)
- 3-4 Touch left toe behind the right (3), turn $\frac{3}{4}$ to the left, using weight of the right heel, ending on the 3:00 wall & shifting weight to the left foot (4)
- 5-8 Rock right foot forward (5), Recover weight on left (6), Rock right foot back (7), Recover weight on the left (8)

[25-32] RIGHT $\frac{1}{4}$ JAZZBOX, RIGHT $\frac{1}{4}$ MONTEREY TURN

- 1-4 Cross right foot over left (1), look/turn $\frac{1}{4}$ to your right (6:00 wall) while stepping back on the left (2), Step right foot to the right (3), Step left foot next to right (4)
- 5-8 Touch / point right foot to the right side (5), Make a $\frac{1}{4}$ turn to your right while stepping right foot in next to left (6), touch / point left foot to the left side (7), step left foot next to right (8)

***On the start of wall 5, you'll be facing the front (12:00) - dance the first 8 counts, then restart!
(After the left stomp, right swivel-swivel-stomp)**