

Esa Carita

拍數: 55 牆數: 1 級數: Phrased Beginner
編舞者: Joan Morro (ES), Carmen Gallego Perez (ES) & Toñi Oliver - September 2020
音樂: Esa Carita - María Isabel & Juan Magán



Sequence: A', B, C, C, A, B, C, C, A, B', B', C, C

Part A: 20 counts

[1-8] WALK FWD X 2, MAMBO FWD, WALK BWD X 2, MAMBO BWD

1-2 RF Walk fwd, LF walk fwd
3&4 RF Mambo fwd, LF Recover, RF step bwd
5-6 RF Walk Bwd, Lf walk bwd
7&8 RF Mambo bwd, LF recover, RF Step fwd

[9-16] MAMBO CROSS x 2, MAMBO FWD & BWD

1&2 RF Mambo side R, LF recover, RF Cross over LF
3&4 LF Mambo side L, RF recover, LF Cross over RF
5&6 RF Mambo fwd, LF Recover, RF step bwd
7&8 LF RF Mambo bwd, RF recover, LF Step fwd

[17-20] HIP ROLL, ARM MOVEMENT

1-2 RF step side & start hip roll clockwise, BF finish hip roll
3-& RA Slap with your hand on your right hip, LA Slap with your hand on your left hip
4-& RA put your right arm in the air, LA put your left arm in the air

Part B: 19 counts

[1-8] EMOTICON TIME, FWD DIAGONAL SHUFFLE X 2 R&L

1 Lower your hands and bring the bottom of your hands together and place them under your making an emotion face
2 Stay Frozen (hold)
3 place your right hand on your head and your left hand under your head, as if you wanted to put your face inside a frame and make a emoticon face
4 Stay frozen (hold)
5&6 RF step fwd slightly diagonal right, LF step together, RF step fwd slightly diagonal right
7&8 LF step fwd slightly diagonal left, RF step together, LF step fwd slightly diagonal left

[9-16] EMOTICON TIME, BWD DIAGONAL SHUFFLE X 2 R&L

1 Put your hands on your face and make a emoticon face
2 Stay Frozen (hold)
3 Put your hands on your face and make a emoticon face
4 Stay frozen (hold)
5&6 RF step bwd slightly diagonal right, LF step together, RF step bwd slightly diagonal right
7&8 LF step bwd slightly diagonal left, RF step together, LF step bwd slightly diagonal left

[17-19] HEEL SWIVELS X 4

1& RF toe touch fwd & heel swivel out, heel swivel in (with hip movements)
2& RF heel swivel out, heel swivel in (with hip movements)

Part C: 16 counts

[1-8] BACK HITCH X 2, MAMBO BWD, STEP FWD X 2, CHASSE ¼ TURN R

1,& Rf Hitch, RF Step bwd
2,& LF Hitch, LF Step Bwd
3&4 RF Mambo bwd, LF Recover, RF Step Fwd

5,6 LF Step fwd, RF Step fwd
7&8 LF ¼ turn Right & step side L, RF step together L, LF Step side L (3.00)

[9-16] SIDE & SIDE, CHASSE, BACK ½ PADDLE TURN

1,2 RF Step side R, LF ¼ turn R & step side L (6.00)
3&4 RF Step side R, LF step together, RF step side R
5-8 LF 1/8 turn L & step bwd x 4 (12.00)

Part A': Part A 'starts at the moment we do the hip roll, exactly at count 17

Part B': The same sequence as in part b, the only thing that the last two counts where we do the free part will not do them.

Ending: In the last part C after doing the two steps back we will finish raising both arms in the air.
