

Courage

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數:
編舞者: Kate Moore Simpkin (AUS) & Linda Burgess (AUS) - August 2020
音樂: Courage - Céline Dion



Intro Wait 16 counts, then dance the Intro:

Intro: (22 counts)

1,2,3&4 Step fwd L & drag R to L, step fwd R & drag L to R, step fwd L, step R beside L, step back L
5,6,7&8 Sweep R around & step back, sweep L around & step back, R coaster
[1-8] Repeat last 8 counts above
1,2,3,4 Step fwd L, pivot ½ turn R, step fwd L, pivot ½ turn R
5,6 Step L & sway hips L, replace weight to R & sway hips R & drag L to R.

Dance: Start on the Word "Courage"

{1-8} FWD COASTER/SWEEP, BEHIND, ¼, ¼ SIDE, REPLACE, ½ HINGE SIDE, ½ HINGE SIDE, ¼ BACK, ½ FWD, FWD

1&2,3&4 Step fwd L, step R beside L, step back L & sweep R to R side, cross/step R behind L, turn ¼ L & step fwd L, turn ¼ L & rock/step R to R side (6.00)
5&6,7&8 Replace weight to L, hinge ½ turn R & step R to R side, hinge ½ turn R & rock/step L to L side, turn ¼ L & replace weight to R, hinge ½ L & step fwd L, step fwd R (9.00)

{9-16} STEP, PIVOT ½, STEP FWD, 2 FULL TURN FWD, STEP/LUNGE, REPLACE ¼ RAISE LEG, TRIPLE TURN R, STEP TOGETHER

1&2,3&4& Step fwd L, pivot ½ turn R, step fwd L, turn ½ L & step back R, ½ turn L & step fwd L, ½ turn L & step back R, ½ turn L & step fwd L

Optional step: Instead of 2 full turns fwd, just do 1 slow full turn fwd on counts 3,4, then lunge (5) (3.00)

5,6 Lunge/rock/fwd R (5), replace weight to L & turn ¼ R (while raising & circling R leg fwd and to R side, keep raised) (6) (6.00)
7&8& Turn ¼ R & step fwd R, turn ½ R & step back L, turn ¼ R & step R to R side, turn 1/8th R (to diagonal) and step L beside R (7:30)

{17-24} STEP, PIVOT ½, TURN ½ R, 1 ½ TRIPLE TURN, ¼ SWEEP, LUNGE/SLIDE FOOT, DRAG TOGETHER

1,2,3, Step fwd R (diagonal), pivot ½ turn L, turn ½ R (keeping feet in place) (1:30)
4&5 Turn ½ L & step fwd L, turn ½ L & step back R, turn ½ L & step fwd L (1:30)
6,7,8 Turn ¼ L & sweep R around beside L (6), slow slide R toe out to side & bending L knee, (7), drag R to R (8) (10:30)

{25-32} STEP, FWD COASTER, TOUCH BACK, UNWIND ½ R, BACK BRUSH, STEP/TURN/HITCH, STEP SIDE

1,2&3 Step fwd R (still on L diagonal), step fwd L, step R beside L, step back L (10:30)
4&5,6 Touch R toe back, quick unwind ½ turn R (keep weight on L), step back R, touch L beside R (4:30)
7,8 Step fwd L (still on L diagonal) spin 7/8ths turn L (to 6.00) (hitching R slightly as you turn) (7), step R to R side (8) (6.00)

Tag: End of Wall 2 (12:00) 2 counts.

1,2, Replace weight to L & sway hips L, replace weight to R & sway hips R & drag L to R

Restart: Wall 5. (12:00)

Dance counts 1-28 (the touch R toe back on diagonal), unwind R to face 6.00 taking weight to R) (&) Restart facing 6.00 wall.

Finish: Facing 12.00.

There is a slight pause at the end of the last wall., just Sway L (1), sway R (2),

Then add, the first 8 counts of the Intro then step L to L and extend arms out to sides slowly.

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