

# Salt

拍數: 64      牆數: 2      級數: Advanced  
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September 2020  
音樂: Salt - Ava Max



**Note : Restart in wall 5 after count 40&**  
**Info : Intro 16 counts**

## **Side, Touch 1/8 Turn L(Foot Chang), Forward, Lockstep, Cross Samba 1/8 R, Cross Shuffle**

1,2,3      RF. Step R to R Side - LF. Touch L Next to R Turn 1/8 L(Put Weight on L) - RF. Sept Forward  
4&5      LF. Step Forward - RF. Close R behind L - LF. Step Forward(10:30)  
6&7      RF. Cross Over L - LF. Step L to L side 1/8 R - RF. Recover(12:00)  
8&1      LF. Cross Over R - RF. Step R to R Side - LF. Cross Over R

## **Side, Recover,Sailor Cross 1/2 Turn R, Hold, Side, Cross Shuffle**

2,3      RF. Step R to R Side - LF. Recover  
4&5      RF. 1/2 turn R Cross behind L - LF. Step L to L Side - RF. Cross Over L(6:00)  
6,&      Hold - LF. Step L to L side  
7&8      RF. Cross Over L - LF. Step L to L Side - RF. Cross Over L(7&8 Hip movement)\_

## **Step Back ¼ R, Close, Walk, Walk, Lockstep fwd, Step Fwd. Touch behind. Behind Side Cross**

&1      LF. Step ¼ turn R - RF. Close beside RF (9.00)  
2-3      LF. Step fwd - RF. Step fwd  
4&5      LF. Step fwd - RF. Lock behind RF - LF. Step fwd  
&6-7      RF. Step fwd- LF touch behind RF - LF. Step back & sweep RF from front to back  
8&1      RF. Cross behind LF - LF. Step to L - RF. Cross over LF

## **Sway L-R, Cross Behind, ¼ R step Fwd, Step Fwd, Move Hipp fwd, Move Hipp Back, Mambo Step Back**

2-3      LF. Sway L - RF. Sway R  
4&5      LF. Cross behind RF - RF. ¼ turn R step fwd - LF. Step fwd(12:00)  
6-7      RF. Push hip fwd - LF. Push hip back  
8&1      RF. Step fwd - LF. Recover - RF. Step Back

## **Step Back, ½ Turn R Step Fwd, Step Fwd, Step Fwd, Recover, Out, Out, Flick Back, Chasse R**

2&3      LF. Step Back - RF. 1/2 turn R step fwd - LF. Step fwd (6:00)  
4-5      RF. Step fwd - LF. Recover  
&6-7      RF. Out to the R - LF. Out to the L - RF. Flick RF behind LF  
8&1      RF. step R to R side - LF. step L next to R - RF. step R to R side \*\*\*\* restart in wall 5

## **Step Back, Recover, Step 1/8 Left, Hold, Ball Step, Step 1/4 L Turn, Hold, Ball Step, Step 1/4 L Turn, Mambo Step, Step Back**

2&3      LF. step back - RF. Recover - LF. 1/8 turn L step fwd(3:00)  
4&5      Hold - RF. step ball next to L - LF, 1/4 turn L step fwd(1:30)  
6&7      Hold - RF. Step ball next to L - LF. 1/4 turn L step fwd(12:00)  
8&1      RF. step fwd - LF. Recover - RF. Step back(10:30)

## **Hold, Step Back, Recover, Lockstep L, 7/8 Spiral Turn L, Chasse L**

2&3      Hold(Drag) - LF. Step back - RF. Recover  
4&5      LF. step fwd - RF. Lock behind R - LF. Step fwd  
6-7      RF. Step fwd - LF. 7/8 Spiral turn L(Weight on RF)(12:00)  
8&1      LF. step L to L side - RF. Step R next to L - LF. Step L to L side

**Cross Over, Recover, Step Side, Sway L, Sway R, ½ Modified Diamond Turn L**

2&3 RF. Cross over L - LF.Recover - RF.step R to R side

4-5 LF. Sway L - RF. Sway R

6&7 LF. Cross over R - RF.1/8 turn L step back - LF. Step back(10:30)

8&1 RF.Step back - LF.3/8 turn L Foot Change(Weight on LF) - RF. Step to R Side

**\*\*\* Restart in wall 5 after count 40&**

**Last Update - 20 Sept. 2020**

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