

Cry To Me

拍數: 64 牆數: 2 級數: Improver Cha Cha
編舞者: Conny van Dongen (NL) - September 2020
音樂: Cry to Me - Solomon Burke



No restarts, no tags!!!

(S1) STEPS, POINT & LOOK R, LOCK STEP, STEP, POINT & LOOK R, LOCK STEP

1-3 RF step forward, LF step forward, RF point right & look R
4&5 RF step forward, LF cross behind, RF step forward
6-7 LF step forward, RF point right & look R
8&1 RF step forward, LF cross behind, RF step forward

(S2) 1/4 PIVOT TURN, CROSS SHUFFLE, SIDE, BEHIND, ROCK & CROSS

2-3 LF step forward, 1/4 turn R
4&5 LF cross, RF together, LF cross
6-7 RF side step, LF cross behind
8&1 RF side step, LF replace weight, RF cross

(S3) DIAG. TOE STRUT, LOCK STEP, DIAG. TOE STRUT, STEP, LOCK

2-3 LF step diag. L forward on toes, LF put heel down (1.30)
4&5 RF step forward, LF cross behind, RF step forward (3.00)
6-7 LF step diag. L forward on toes, LF put heel down (1.30)
8& RF step forward, LF cross behind (3.00)

(S4) 1/4 PIVOT TURN 2X, SKATE 4X

1-2 RF step forward, 1/4 turn L
3-4 RF step forward, 1/4 turn L
5-8 skate R-L-R-L

(S5) HIPBUMPS UP DOWN

1-4 RF touch forward and bump R-hip up-down-up-down (place weight)
5-8 LF touch forward and bump L-hip up-down-up-down (place weight)

(S6) ROCK STEP, 1/2 TRIPLE TURN, ROCK STEP, LOCK STEP

1-2 RF step forward, LF replace weight
3&4 RF 1/4 turn R & side step, LF together, RF 1/4 turn R & step forward
5-6 LF step forward, RF replace weight
7&8 LF step back, RF cross in front, LF step back

(S7) *STEP & TOUCH, HOLD X2, STEP & TOUCH 4X (*or replace them by Batucada's)

&1-2 RF step back, LF touch toe forward (bended knee), hold
&3-4 LF step back, RF touch toe forward (bended knee), hold
&5&6 RF step back, LF touch toe forward (bended knee) , LF step back, RF touch toe forward
(bended knee)
&7&8 repeat count &5&6

(S8) TOGETHER, VINE 1/4 TURN RIGHT, BIG SIDE STEP, TOGETHER, KNEE POP 2X

&1-4 RF together, LF cross, RF side step, LF behind, RF 1/4 turn R step forward
5-8 LF big step L, RF together, LF knee pop, RF knee pop

Have fun!!!!

Info: conny_van_dongen@hotmail.com
