

# Beautiful Life

拍數: 64      牆數: 4      級數: Easy Intermediate  
編舞者: Joshua Talbot (AUS) - September 2020  
音樂: Beautiful Life - Ace of Base : (Album: The Bridge - Remastered)



**Intro: Starts 32 counts before the lyrics on the 4 heavy drum beats**

## Section 1: STOMP, STOMP, HOLD, BALL STEP, CROSS ROCK, ¼ SHUFFLE FWD

1, 2, 3      Stomp R fwd, stomp L to L side, hold  
&4      Step R together, step L to L  
5, 6      Cross rock R over L, recover weight L  
7&8      ¼ R step R fwd, step L together, step R fwd

(Turning option: Replace the ¼ shuffle fwd with a 1½ triple turn. Doing triple turn will include count 1 in section 2)

## Section 2: ¼ STOMP, KICK, BEHIND, SIDE, CROSS, STOMP KICK, BEHIND, SIDE, CROSS

1, 2      ¼ R stomp L to L, kick R to R side  
3&4      Step R behind L, step L to L, step R over L  
5, 6      Stomp L to L, kick R to R side  
7&8      Step R behind L, step L to L, step R over L

## Section 3: SIDE ROCK, CROSS SHUFFLE, ½ L, CROSS SHUFFLE

1, 2      Rock L to L, recover weight R  
3&4      Cross L over R, step R to R, cross L over R  
5, 6      ¼ L step R back, ¼ L step L to L  
7&8      Cross R over L, step L to L, cross R over L

## Section 4: SIDE ROCK, L SAILOR, R SAILOR, L ¼ SAILOR

1, 2      Rock L to L, recover weight R  
3&4      Step L behind R, step R to R, step L to L  
5&6      Step R behind L, step L to L, step R to R  
7&8      \*\* Step L behind R, step R to R, ¼ L step L fwd\*\*

## Section 5: STEP, SCUFF, STEP, SCUFF, FWD ROCK, ½ SHUFFLE

1, 2      Step R fwd, scuff L next to R  
3, 4      Step L fwd, scuff R next to L  
5, 6      Rock R fwd, recover weight L  
7&8      ½ R step R fwd, step L together, step R fwd

(Turning option: Replace the ½ shuffle with a 1½ triple turn)

## Section 6: STOMP, STOMP, HOLD, BALL STEP, FWD ROCK, COASTER

1, 2, 3      Stomp L fwd, stomp R fwd, hold  
&4      Step L together, step R fwd  
5, 6      Rock L fwd, recover weight R  
7&8      \* Step L back, step R together, step L fwd\*

## Section 7: STEP, SCUFF, STEP, SCUFF, FWD ROCK, ½ SHUFFLE

1, 2      Step R fwd, scuff L next to R  
3, 4      Step L fwd, scuff R next to L  
5, 6      Rock R fwd, recover weight L  
7&8      ½ R step R fwd, step L together, step R fwd

(Turning option: Replace the ½ shuffle with a 1½ triple turn)

**Section 8: STOMP, STOMP, HOLD, BALL STEP, FWD ROCK, COASTER**

1, 2, 3            Stomp L fwd, stomp R fwd, hold  
&4                Step L together, step R fwd  
5, 6               Rock L fwd, recover weight R  
7&8               Step L back, step R together, step L fwd

**[64]**

**Restarts:**

**\*On wall 2 dance to count 48 (end of section 6) restart to front wall**

**\*\*On wall 3 & 5 dance to count 32 (end of section 4) restart to 9 & 3 o'clock**

**Finish: Replace the last coaster with a L ½ shuffle**

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