

Teenage Minds

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Beginner
編舞者: Cato Larsen (NOR) - 9 September 2020
音樂: Teenage Minds - Jubël : (CD: Jubël)



Alt: Iko Iko - Captain Jack (For more party feeling)

Intro: Start the dance at vocals after 16 counts of intro. (9 seconds).

Motion: Cuban Motion (Cha Cha).

Tempo: 101 BPM.

SOD: Speed Of Dance; Normal.

An easy introduction to cha cha timing to practice the timing / rhythm before you start on 8&1 Cha Cha's

[1 - 8] Walk forward, Shuffle forward, Step, ½ turn, Shuffle forward.

1,2 Step forward on right (1), Step forward on left (2). 12:00
3&4 Step forward on right (3), Step left next to right (&), Step forward on right (4). 6:00
5,6 Step forward on left (5), Turn (swivel) ½ turn right (6).
7&8 Step forward on left (7), Step right next to left (&), Step forward on left (8).

[9 - 16] Walk forward, Shuffle forward, Step, ½ turn, Shuffle forward.

1,2 Step forward on right (1), Step forward on left (2).
3&4 Step forward on right (3), Step left next to right (&), Step forward on right (4).
5,6 Step forward on left (5), Turn (swivel) ½ turn right (6). 12:00
7&8 Step forward on left (7), Step right next to left (&), Step forward on left (8).

[17 - 24] Rock Step, ¼ turn into Side Shuffle, Rock Step, Shuffle ½ turn.

1,2 Step forward on right (1), Rock (recover) weight back again onto left (2). 3:00
3 Turn ¼ turn right Stepping right to right side (3).
&4 Step left next to right (&), Step right to right side (4).
5,6 Step forward on left (5), Rock (recover) weight back again onto right (6). 9:00
7&8 Shuffle ½ turn left Stepping L,R,L (7&8).

[25 - 32] Rock Step, ¼ turn into Side Shuffle, Rock Step, Shuffle ½ turn.

1,2 Step forward on right (1), Rock (recover) weight back again onto left (2).
3 Turn ¼ turn right Stepping right to right side (3). 12:00
&4 Step left next to right (&), Step right to right side (4).
5,6 Step forward on left (5), Rock (recover) weight back again onto right (6).
7&8 Shuffle ½ turn left Stepping L,R,L (7&8). 6:00

No tags, no restarts!

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