All Night



拍數: 32 牆數: 4 級數: Improver

編舞者: Judi Bisher-Schuler (USA) - August 2020 音樂: All Night - Brothers Osborne: (iTunes)



Intro: 16 counts...

Restart On wall 3 and 8 after 24 counts (do a regular 4 count Jazz box changing count to 5,6,7,8 omitting coaster)

S1: (Lindy Right and Left). Triple Right, Rock/Recover; Triple Left, Rock/Recover.

1&2 Step R to right, left next to right, right to right

3,4 Rock L behind R, recover on R

5&6 Step L to left, right next to L, left to left.

7,8 Rock R behind L, recover on L.

S2: Rock Forward/Recover, Shuffle Half Turn; Rock/ Recover, Coaster Step.

1,2 Rock forward on Right foot, Recover weight on Left.

3&4 Turn a Half turn to right while shuffling stepping right, left, right.

5,6 Rock forward on Left foot, Recover weight on right foot.

7&8 Coaster step left stepping back with left, then right, and forward on left.

S3: Cross and Heel and Cross and Heel (Vaudevilles), and Cross, step (1/4) right, Coaster Step.

1&2& Cross right over left, take weight on left and extend right heel out at angle to right, step right.

3&4& Cross left over right, take weight on right and extend left heel out on angle, step left.

5,6 Cross right over left, step back on left while making a ¼ turn to right

7&8 Right Coaster step stepping back on right, then left next to right and forward on right.

Both Restarts happen here on walls 3 & 8 *(with the count change to 5,6,7,8 instead of 5,6,7&8. (Do a regular jazz box with the ½ turn right for 5,6,7,8 weight is on left and restart dancing with right lindy step).

S4: Walk forward, kick and shimmy back. (Optional Clap on 8!)

1,2,3,4 Step forward left, right, left, kick right foot forward.

5,6,7,8 Step back big step on to right foot and shimmy back dragging left foot back to meet right,

taking weight on left.

REPEAT!