

A Mi Manera

COPPER KNOB
STEPSHEETS

拍數: 64 牆數: 2 級數: Advanced
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音樂: A Mi Manera - María Martha Serra Lima



START ON VOCAL

I. BACK SWEEP, SAILOR, SWAY, FORWARD, SWEEP, CROSS

- 1 Step back on L with sweep R around from front to behind L
- 2 & 3 Cross R behind L, step L beside R, step R to R side
- 4 & a 5 Sway L, R, L, R
- 6 Step in place on L (facing 10.30)
- 7 Step forward on R
- 8 & Sweep L around from back to front, cross L over R

II. DIAGONAL BACK RIGHT & LEFT, CROSS, BACK, SIDE, POINT, SWEEP

- 1 2 Slightly diagonal back R, slightly diagonal back L
- 3 Cross R over L
- 4 & 5 Step back on L, 1/4 turn R step R to R side (Facing 1.30), point L forward with bend R knee
- 6 7 8 & Sweep L around from front to back at 3 count, hesitation L beside R

III. FORWARD WITH FLICK, RUN FORWARD, STEP, HOLD, PIVOT, CHAINE TURN

- 1 Step forward on L with R flick
- 2 & 3 Step forward on R, step forward on L, step forward on R
- 4 Step forward on L
- 5 Hold
- 6 7 1/2 turn to R keep weight on L (facing 7.30) with point R toe forward at 2 count
- 8 & Step in place on R, 1/2 turn R close L beside R (facing 1.30)

IV. FORWARD, PIVOT, CLOSE, FORWARD, HOLD, SIDE ROCK, FORWARD

- 1 1/2 turn R step forward on R (facing 7.30)
- 2 Step forward on L
- 3 & 4 1/2 turn R keep weight on L (facing 1.30), close R beside L change weight on R, step forward on L
- 5 Hold
- 6 7 1/8 turn L step R to R side (facing 12.00), recover on L
- 8 1/4 turn to left step forward on right (facing 9.00)

V. HOLD, ROCK FORWARD, HITCH, KICK, ROUNDE, RUN BACK

- 1 Hold
- 2 3 & 4 Step forward on L, recover on R, hitch L with bend R knee, kick L
- 5 6 Rounde L around from front to back at 2 count
- 7 1/8 turn L touch L behind R (facing 10.30)
- 8 & Step back on L, step back on R

VI. BACK ROCK, SPIRAL, FORWARD, FAN SPIN, FORWARD, SCISSOR

- 1 Step back on L
- 2 3 1/8 turn to L step back on R with body angle to 12.00, recover on L (facing 9.00)
- 4 5 Step forward on R full turn to L on ball of R and weight on R, Step forward on L
- 6 7 Step forward on R & hesitation L beside R, 1/2 turn R step forward on left (facing 3.00)
- 8 & a Step forward on R, step L to L side, step R together

*** RESTART HERE : Change step on count 8 (Step R to R side facing 12.00)

VII. WALK CIRCLE,HOLD,CUCARACHA

- 1 Cross L over R (facing 4.30)
- 2 1/8 turn R step forward on R (facing 6.00)
- 3 1/4 turn R step forward on L (facing 9.00)
- 4 1/4 turn R step forward on R (facing 12.00)
- 5 Hold
- 6 & a Step L to L side, recover on R, close L beside R
- 7 8 & a Step R to R side, recover on L, close R beside L,step in place on L

VIII. FORWARD,PIVOT,RUN FORWARD,POINT,HIP ROLL

- 1 2 Step forward on R, step forward on L
- 3 1/2 turn R keep weight on L (facing 6.00)
- 4 & 5 Step forward on R, step forward on L, step forward on R
- 6 Point L forward
- 7 8 Hip roll to L from front to back at 2 count

NOTE : RESTART ON WALL 3, after 48 count, change step on 8
