

Yan Bu You Zhong (言不由衷)

COPPER KNOB
BY STEPHEN T. C.

拍數: 32 牆數: 2 級數: Beginner
編舞者: Heru Tian (INA) - September 2020
音樂: Yan Bu You Zhong (言不由衷) (DJ版)



*tag 4c on walls 2, 3, 8, 10 & 14

No intro —

SECTION 1 : TOE STRUTS (R&L)- ROCK FWD- RECOVER- BACK SHUFFLE

1-4 Touch Fwd (Rf), Step (Rf), Touch Fwd (Lf), Step (Lf)
5-6 Rock Fwd (Rf), Recover (Lf)
7&8 Back (Rf), Together (Lf), Back (Rf)

SECTION 2 : SIDE - HIP BUMP X2 (L&R)- ¼ TURN L JAZZ BOX- TOUCH

1-2 Step Side (Lf) With Bumps X2
3-4 Step Side (Rf) With Bumps X2
5-8 Cross (Lf), ¼ Turn L Back (Rf), Side (Lf), Touch Together (Rf)

SECTION 3 : FWD TOUCH- HEEL TWIST- COASTER STEP- FWD TOUCH- HEEL TWIST - ¼ TURN L SAILOR STEP

1&2 Fwd Touch (Rf), Heel Out (Rf), Heel In (Rf)
3&4 Step Back (Rf), Together (Lf), Fwd (Rf)
5&6 Fwd Touch (Lf), Heel Out (Lf), Heel In (Lf)
7&8 ¼ Turn L Sweep Back (Lf), Back (Rf), Fwd (Lf)

SECTION 4 : ROCK FWD- RECOVER- ½ TURN SHUFFLE STEP- PIVOT ½ TURN R- FWD SHUFFLE

1-2 Rock Fwd (Rf), Recover (Lf)
3&4 ¼ Turn R Side (Rf), Together (Lf), ¼ Turn R Fwd (Rf)
5-6 Step Fwd (Lf), ½ Turn R Recover (Rf)
7&8 Step Fwd (Lf), Together (Rf), Fwd (Lf)

TAG 4C: V STEP(OUT & IN)

tag 4c on wall 2, 3, 8, 10 & 14

1-4 Step Fwd Out (Rf), Step Fwd Out (Lf), Back In (Rf), Together (Lf)