

Dance in the Kitchen

拍數: 32 牆數: 4 級數: Improver
編舞者: John Maguire (AUS) - September 2020
音樂: Dance in the Kitchen - Emily Rose : (Spotify and iTunes)



Side L, R Tog, L Fwd, R Tog, L Back, Point R, R Fwd, Point L

1-2 Step L to side, Step R together
3-4 Step L forward, Step R together
5-6 Step back on L foot, Point R toe to side
7-8 Step R forward, Point L toe to side.

L coaster step, Side R, L Tog, R Fwd, L Tog, R Back, Point L

1&2 Step back on L & step R together, Step L forward
3-4 Step R to side, Step L together
5-6 Step R forward, Step L together
7-8 Step back on R foot, Point L toe to side

L Fwd, Point R, R Coaster Step, L Fwd-1/4 R, Slide Tog, R To Side, Slide Tog

1-2 Step L forward, Point R toe to side
3&4 Step back on R & step L together, Step R forward..... ## Restart
5-6 Step L forward turning ¼ R, Slide R together (3 o'clock)
7-8 Step R to side, Slide L together

L Fwd, Slide Tog, L Fwd, Scuff R, Rock Fwd, Recover, R Coaster Cross

1-2 Step L forward, Slide R together (taking weight on R)
3-4 Step L forward, Scuff R beside L
5-6 Rock R forward, Recover weight on L
7&8 Step R back & step L together, Step R foot across L

Restart on Wall 8 ...Dance to count 20

Ending - Wall 11 - 3 o'clock -Dance to Count 18 as per sheet (Step forward Left, point Right toe side)

19-20 Step back on Right, turn 1/4 turn Left step on Left to front wall sliding Right to Left.

ENJOY - This is my COVID Dance being stuck at home finding places to dance.