

# How

拍數: 32                      牆數: 2                      級數: Beginner - ECS  
編舞者: Caroline HAUWELLE (FR) - July 2011  
音樂: Tell Me How - The Head Cat : (Album: Fool's Paradise - 2006)



**Start after 2 x 8 counts, with the lyrics**

**(1 - 8) : Right step, together, step, touch, back, touch, step, touch**

- 1                      Step forward right foot - Right diagonal
- 2                      Step left foot next to right foot (Transfer weight onto left foot)
- 3                      Step forward right foot
- 4                      Touch left foot next to right foot
- 5                      Step back left foot
- 6                      Touch right foot next to left foot
- 7                      Step forward right foot
- 8                      Touch left foot next to right foot

**(9-16) : Left step, together, step, touch, back, touch, step, touch**

- 1                      Step forward left foot - Right diagonal
- 2                      Step right foot next to left foot (Transfer weight onto right foot)
- 3                      Step forward left foot
- 4                      Touch right foot next to left foot
- 5                      Step back right foot
- 6                      Touch left foot next to right foot
- 7                      Step forward left foot
- 8                      Touch right foot next to left foot

**(17-24) : Right vine, touch, left vine ¼ turn on left, brush**

- 1 2 3                      Right foot to right side, left foot under the right foot, right foot to right side
- 4                      Touch left foot next to right foot
- 5 6 7                      Left foot to left side, right foot under the left foot, left foot to left side with ¼ turn on left
- 8                      Brush right foot forward - 09:00

**(25-32) : Right rocking chair, right step ¼ turn on left, stomp, stomp**

- 1 - 2                      Right rock step forward, Recover onto left foot - 09:00 (left wall)
- 3 - 4                      Right rock step backward, Recover onto left foot
- 5 - 6                      Right step forward (weight on right foot), ¼ turn on left side (weight on left foot) - 09:00 - 06:00
- 7 - 8                      Right stomp, left stomp - 06:00 (back wall)

**Start again with smile.....**

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