

# A Solas

拍數: 48      牆數: 4      級數:  
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音樂: A Solas - KAROL G



Intro 32 counts • 2 Restarts, on wall 3 and wall 5 after 16 counts

**\*Session 1\* \*1-8 : Forward 2×, Side Kick 2×, Rock Behind, Recover, Side Kick, Full Turn\***

1,2            R Step forward(1), L Kick left side(2)  
3,4            L Step forward(3), R Kick right side(4)  
5,&,6         R Step rock behind L(4), Recover on L(&), R Kick right side(6)  
7,&,8         1/4 Turn right, facing 03.00 R step forward (7), 1/2 Turn right facing 09.00 L step  
backward(&), 1/2 Turn right, facing 03.00 R step forward(8)

**\*Session 2\* \*9-16 : Cross Rock 3×, Recover3×, Hip Roll, Touch\***

1,&,2         L Step cross over R(1), Recover on R(&), L Step left side(2)  
3,&,4         R Step cross over L(3), Recover on L(&), R Step right side(4)  
5,&,6         R Step cross over L(5), Recover on L(&), R Step right side(6)  
7,8            R In place weight on L, as push hip making a circle starting from front of left side(7), R Touch  
right side, while left hand is up and turn head to left(8)

**\*Here is the Restart, after 16 counts,on Wall 3 and Wall 5\***

**\*Session 3\* \*17-24 : Walk Forward, Step Lock Step, Pivot Turn, Step Lock Step\***

1,2            1/4 Turn right facing 06.00 R step forward(1), L Step forward(3)  
3,&,4         R Step forward(3), L Step locked behind R(&), R Slightly step forward (4)  
5,6            L Step forward(5), 1/4 Turn right facing 09.00 R step forward(6)  
7,&,8         L Step forward(7), R Step locked behind L(&), L Slightly step forward(8)

**\*Session 4\* \*25-32 : Cross Samba 2×, Pivot Turn, Cross Step, Side Mambo\***

1,a,2         R Step cross over L(1), L Step rock left side(a), Recover on R(2)  
3,a,4         L Step cross over R(1), R Step rock right side(a), Recover on L(4)  
5,&,6         R Step rock forward(5), 1/4 Turn left facing 06.00 L step in place(&), R Step across L(6)  
7,&,8         L Step rock left side, Recover on R(&), L Step next to R(8)

**\*Session 5\* \*33-40 : Step Lock Step 2×, Big Step, Closed Step, Cross Shuffle\***

1,&,2         R Step backward(1), L Step locked over R(&), R Slightly step backward(2)  
3,&,4         L Step backward(3), R Step locked over L(&), L Slightly step backward(4)  
5,6            R Make a backward big step(5), L Step closed next to R  
7,&,8         1/4 Turn right facing 09.00 R step cross over L(7), L Slightly step left side(&), R Step cross  
over L(8)

**\*Session 6\* \*41-48 : Cross Shuffle, Step Lock Step 2×, Heels Switch\***

1,&,2         Turn 1/2 facing 03.00, L step cross over R(1), R Slightly step right side(&), L Step cross over  
R  
3,&,4         Facing 03.00 R diagonally step forward(3), L Step locked behind R(&), R Slightly step  
forward(4)  
5,&,6         L Diagonally step forward(5), R Step locked behind L(&), L Slightly step forward(6)  
7,&,8,&        Bring R heel forward(7), R Step next to L(&), Bring L heel forward(8), L Step next to R(&)