In My Heart



拍數: 32 牆數: 2 級數: Easy Intermediate

編舞者: Ranny Kusumawardhani (INA) - September 2020

音樂: In My Heart - LIM YEON: (Album: OST Flower Of Evil)



Intro music 16 count

Section 1. LONG STEP TO RIGHT, CROSS AND SIDE, SWEEP, TURN ¼ RIGHT, STEP BACK, RECOVER, STEP FORWARD, TURN ¼ RIGHT

1 - 2&	Long step to right side (1) Cross L behind R (2) Step R to right (&	١.
Ι-Ζα	Long step to right side () Gross L bening R (Z) Step R to right (&	.)

3 - 4& Cross L over R, sweep R back to front (3)Cross R over L (4) Turn 1/4 R, step L back (&)

5 - 6 Step R back (5) Recover L (6)

7 - 8& Step R fwd (7) Step L fwd (8) Turn 1/4 R, R in place (&)

Section 2. CROSS, TURN ¼ LEFT, TURN ½ RIGHT, STEP FORWARD, RECOVER, SWEEP, STEP BACK, CROSS BEHIND, STEP TO LEFT

1 - 2&	Cross L over R (1)	Turn 1/4 L. ste	en R back (2) Turn	1/2 L	. step L fwd ((&)

3 - 4& Step R fwd (3) Step L fwd (4) Step R fwd (&)

5 - 6 Step L lunge fwd (5) Recover on R and sweep L front to back (6)

7 - 8& Step L back and sweep R front to back (7) Cross R behind L (8) Step L to L (&)

Section 3. CROSS, RECOVER, STEP RIGHT, CROSS, RECOVER, TURN 1/4 LEFT, TURN 1/2 LEFT, STEP BACK AND SWEEP, CROSS BEHIND, STEP TO RIGHT, SCISSOR

L (2) Step R to right (&)
L (2) Step R to righ

3 - 4& Cross L over R (3) Recover R (4) Turn 1/4 L, step L fwd (&)

5 - 6& Turn 1/2 L, step R back and sweep L front to back (5) Cross L behind R (6) Step R to right

(&)

7 - 8& Cross L over R (7) Step R to right (8) Step L next to R (&)

Section 4. CROSS, TURN 1/4 RIGHT, CROSS, SCISSOR, SWAY

1 - 2&	Cross R over L	(1)) Turn 1/4 R, ste _l	back on L ((2)) Turn 1/4	R and step	R to right	(&))
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3 - 4& Cross L over R (3) step R to right (4) Step L next to R (&)

5 - 6 Cross R over L (5) Step L to left and sway L (6)

7 - 8 Sway R (7) sway L (8)

Tag: 2 count after wall 1

1 - 2 Drag R next to L (1) Touch R next to L (2)

Restart 1. At wall 3, section 1 after count 8&, change step at count &

& Turn 1/4 L, weight on L, drag R to left

Restart 2. At wall 6, do the dance from sec 1 to sec 3 but there is a change step at count 7 as follows:

5 - 6 Turn 1/2 L, step R back and sweep L front to back (5) Cross L behind R (6)

7 - 8 Step R to right side (7), recover on L & drag R slowly onto L (8)

And hold for 2 count

Then Restart at the same wall

Enjoy the dance and feel free to contact me at meet.ranny@gmail.com