

Losing You

拍數: 48 牆數: 2 級數: Improver
編舞者: Nancy Storrs (USA) - September 2020
音樂: Can't Get Used to Losing You - Andy Williams



Intro: 16 counts - Weight on Left Foot

Walk, Walk, Front Mambo, Back, Back, Back Mambo

1 - 2 Step forward on right foot, step forward on left foot
3 & 4 Forward on right, recover on left, back on right
5 - 6 Step back on left foot, step back on right foot
7 & 8 Step back on left foot, recover on right, forward on left

Rock Right, Recover, Cross Side Cross, Rock Left, Recover, Cross Side Cross

1 - 2 Step right foot to side, recover on left
3 & 4 Cross right foot over left, step left to side, cross right foot over left
5 - 6 Step left foot to side, recover on right
7 & 8 Cross left foot over right, step right to side, cross left foot over right

Side, Behind, Triple ¼ Right, Pivot ¼ Right, Cross Side Cross

1 - 2 Step right foot to right, step left foot behind right
3 & 4 Step right, left, right while turning ¼ right
5 - 6 Step forward with left foot, pivot ¼ right, and transfer weight to right foot
7 & 8 Cross left foot over right, step right to side, cross left foot over right

Sway, Sway, Behind Side Cross, Sway, Sway, Behind Side Cross

1 - 2 Sway right, sway left
3 & 4 Step right foot behind left, step left foot to side, cross right foot in front of left
5 - 6 Sway left, sway right
7 & 8 Step left foot behind right, step right foot to side, cross left foot in front of right

Chorus:

Rock Forward, Recover, Cha Cha Back, Rock Back, Recover, Cha Cha Forward

1 - 2 Step forward on right foot, recover on left
3 & 4 Step back on right foot, bring left foot next to right, step back on right foot
5 - 6 Step back on left foot, recover on right
7 & 8 Step forward on left foot, bring right foot next to left, step forward on left foot

Cha Cha Rumba Box (Rumba box with triples)

1 - 2 Step to right with right foot, step left foot next to right and close
3 & 4 Step forward on right foot, bring left foot next to right, step forward with right foot
5 & 6 Step to left with left foot, bring right foot next to left and close
7 & 8 Step back with left foot, bring right foot next to left, step back with left foot

At the end of the first 48 counts, there is a two-count tag.

1 - 2 Walk back (right, left)
Begin the dance again with "walk, walk" forward.

At the end of the second and third 48 counts, there is a ten-count tag.

1,2,3,4 Walk back (right, left, right, left)
5 - 6 Walk forward (right, left)

7 & 8 Step right across left, step to left with ball of left foot, recover
9 & 10 Step left across right, step to right with ball of right foot, recover
Begin the dance again with "walk, walk" forward.

***32 counts remain in the dance. End the dance at 12:00 after the "sway, sway."**
