

When We Disco

COPPERKNOB
STEPSHEETS

拍數: 96 牆數: 2 級數: Phrased Improver
編舞者: Matilda (KOR) - August 2020
音樂: When We Disco - J.Y. Park (박진영) & SUNMI (선미)



Part A

Section 1 ROCK/RECOVER/TURN SHUFFLE ×2

1-2 Step RF back, Recover LF
3&4 1/4 turn LF step RF Side, next to LF, 1/4 turn L step RF back
5-6 Step LF back, Recover RF
7&8 1/4 turn R step LF side, next to RF, 1/4 turn R step LF back

Section 2 KICK/TOGETHER/ROCK/RECOVER/STEP/BALL CHANGE

1-2 Kick RF forward, Together RF
3-4 Kick LF forward, Together LF
5-6 Rock RF back, Recover LF
7&8 Step RF forward, Step LF back(weight on Ball), Step RF in place

Section 3 POINT/TOGETHER/SHUFFLE/OUT/OUT/IN/IN

1-2 Point LF side(hip bump), Together LF
3-4 Point RF side(hip bump), Together RF
5&6 Step LF forward, Step LF next to RF, Step LF forward
7&8& Step RF out side, Step LF out side, Step RF in, Step LF in – Jumping

Section 4 PIVOT 1/2 L TURN/SHUFFLE/STEP FORWARD/RONDE SAILOR/KICK

1-2 Step RF forward, Pivot 1/2 turn L
3&4 Step RF forward, Step LF next to RF, Step RF forward
5-6& Kick LF forward, Ronde LF behind RF, Step RF side
7-8 Step LF side, Kick RF forward

Part A' is the same as Part A for Sections 1 to 3, and only Section 4 has different steps.

Part A'

Section 4 PIVOT 1/2 TURN/SHUFFLE – L,R

1-2 Step RF forward, Pivot 1/2 turn L
3&4 Step RF forward, Step LF next to RF, Step RF forward
5-6& Step LF forward, Pivot 1/2 turn R
7-8 Step LF forward, Step RF next to LF, Step LF forward

Part B

Section 1 SIDE SHUFFLE R,L ×2

1&2 Step RF side, Together LF, Step RF side
3&4 Step LF side, Together RF, Step LF side
5&6 Step RF side, Together LF, Step RF side
7&8 Step LF side, Together RF, Step LF side

Section 2 1/4 R TURN TOE STRUT/ 1/2 R TURN TOE STRUT

1-2 1/4 R Turn toe touch RF forward, Heel drop RF
3-4 Toe touch RF forward, Heel drop RF
5-6 1/2 R turn toe touch RF forward, Heel drop RF
7-8 Toe touch RF forward, Heel drop RF

Section 3 SHUFFLE R,L ×2

1&2 Step RF side, Together LF, Step RF side

- 3&4 Step LF side, Together RF, Step LF side
- 5&6 Step RF side, Together LF, Step RF side
- 7&8 Step LF side, Together RF, Step LF side

Section 4 1/4 L TURN TOE STRUT/ 1/2 R TURN TOE STRUT

- 1-2 1/4 L turn toe touch RF forward, Heel drop RF
- 3-4 Toe touch RF forward, Heel drop RF
- 5-6 1/2 R turn toe touch RF forward, Heel drop RF
- 7-8 Toe touch RF forward, Heel drop RF

Part C

Section 1 DIAGONAL TOGETHER HOLD R,L (Arm Action)

- 1-4 3/8 R Turn with both feet together and put your hands in the sky(1) Hold both hands tight and bring to your shoulders(2-4)

(At this time, fold the pelvis slightly inward (2-4))

- 5-8 1/4 L Turn with both feet together and put your hands in the sky(1) Hold both hands tight and bring to your shoulders(2-4)

(At this time, fold the pelvis slightly inward (2-4))

Section 2 DIAGONAL FORWARD/BACK/1/8 TURN TOGETHER

- 1-2 Step RF R diagonal forward, Step LF L diagonal forward
- 3-4 Step RF R diagonal back, Step LF L diagonal back
- 5-6 Step RF R diagonal forward, Step LF L diagonal forward
- 7-8 Step RF R diagonal back, 1/8 R Turn together LF

Section 3 DIAGONAL TOGETHER HOLD R,L (Arm Action)

- 1-4 3/8 R Turn with both feet together and put your hands in the sky(1) Hold both hands tight and bring to your shoulders(2-4)

(At this time, fold the pelvis slightly inward (2-4))

- 5-8 1/4 L Turn with both feet together and put your hands in the sky(1) Hold both hands tight and bring to your shoulders(2-4)

(At this time, fold the pelvis slightly inward (2-4))

Section 4 HITCH/SIDE/TOGETHER/BODY WAVE

- 1-2 Knee lift L, Step LF side
- 3-4 Knee lift R, Step RF side
- 5-6 Knee lift L, Together LF
- 7-8 Body wave

Sequence: A-A-B-C-A-A-B-C-A'-B-C-A-A

Enjoy the dance~!!!

Contact me at: yeou7737@daum.net
