

One of Those Nights

COPPER KNOB
STEPSHEETS

拍數: 48 牆數: 4 級數: Intermediate
編舞者: Lauren Moodie (USA) - September 2020
音樂: One of Those Nights - Spencer Crandall



[1-8] wizard steps , rock recover ½ turning shuffle

1 2 & 3 4 step right forward lock left behind right and quickly step left forward and lock right behind left and
&5 6 7&8 quickly step on left rock right foot forward recover weight back on left foot, right shuffle turning ½ right

[1-8] Step left split heels step back sway behind and cross

1&2 step left forward split both heels apart then back together
3 4 5 6 Step back left foot then back right foot , sway hips right then left,
7&8 then cross right foot behind and left foot out and cross right over left

[1-8] sway sway behind and cross repeat

1 2 3 &4 sway hips left ,then right , step left foot behind right , step right out, then cross step left over right
5 6 7&8 repeat on right side (sway right ,left, step behind and cross

[1-8] Rock recover, half turning sailor , crossing heel and cross and heel

1 2 3&4 Rock left out recover right, ½ left turning sailor step
5&6&7&8 cross Right foot over left and stick right heel out quickly step on right across left over right and step left heel out

[1-8] and right left ¼ sailor , kick and touch

& 1 2 3&4 quickly step left crossing right foot over left, step left , right sailor step making ¼ turn right
5&6 7&8 kick left foot and touch right to side repeat with left foot

[1-8] Toe heel repeat, rock recover coaster step

1-4 step forward left toe, slap heel down, step right forward, slap heel down,
5 6 7&8 rock forward on left, recover on right foot , left coaster step

Restart on wall 3 & 5 after 32 counts