When We Disco

拍數: 32

級數: Beginner

編舞者: Eunmi Lee (KOR) - September 2020

音樂: When We Disco - J.Y. Park (박진영) & SUNMI (선미)

No t	ag,	no	Rest	art.
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S1: Side Chasse R, L x2

- Rf to side R (1), Close Lf beside Rf (&), Step Rf to side R (2) 1&2
- 3&4 Lf to side L (3), Close Rf beside Lf (&), Step Lf to side L (4)
- 5&6 Rf to side R (5), Close Lf beside Rf (&), Step Rf to side R (6)
- 7&8 Lf to side L (7), Close Rf beside Lf (&), Step Lf to side L (8)

S2: Toe Strut R, L, L 1/2 Turn. Toe Strut R, L,

- 1-2 Toe touch forward on Rf (1), Heel drop on Rf (2)
- 3-4 Toe touch forward on Lf (3), Heel drop on Lf (4)
- 5-6 L1/2T toe touch forward on Rf (5), Heel drop on Rf (6) (6:00)
- 7-8 Toe touch forward on Lf (7), Heel drop on Lf (8)

S3: Side, Behind Touch R.L. V step

- 1-2 Rf to side R (1), Touch Lf behind Rf with Stretch R hand up to R (2)
- 3-4 Lf to side L(3), Touch Rf behind Lf with Stretch L hand up to L (4)
- 5-8 Rf diagonal forward. (5)Lf diagonal Forward.(6) Rf back(7) .Lf together.(8)

S4: Jumping Side, .body move R.L

- Both foot R side jump with Put your hands up in the sky 1
- 2-4 Hold it with both hands and lower it with Pull your abs forward.
- 5 Both foot L side jump with Put your hands up in the sky
- 6-8 Hold it with both hands and lower it with Pull your abs forward.

Enjoy Dance

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牆數: 2