

Do It Better

拍數: 32 牆數: 4 級數: Improver
編舞者: Lesley Miller (UK) - September 2020
音樂: We Do It Better - Daisy Dash



Section 1: Grapevine BC x2, R&L

1 2 3 & 4 Step RF to R, LF behind, RF to R, step in place L, R
5 6 7 & 8 Step LF to L, RF behind, LF to L, step in place R, L

Section 2: Hip lifts x2, cross rocks RL x2

1 2 3 4 Touch R toe, lower R heel, Touch L toe, lower L heel
5 & 6 7 & 8 Cross rock R over L, replace LF, step RF to R, cross rock L over R, replace RF, step LF to L

Section 3: Front sailor RF, crossing weave LF, cross rock RF ¼ L, step L

1 & 2 3 4 Cross RF over L, step LF to L, replace RF, cross LF over R, step L
5 & 6 7 8 Step LF behind R, step RF to R, cross rock LF over R, replace RF, ¼ turn L, step forward LF

Section 4: Rock RF Replace, Slide back, L tog, step RF, ¼ R on LF, ¼ R on RF, step LF

1 2 3 4 Rock RF forward, replace LF, big step back on RF dragging L heel backwards, step LF tog
5 6 7 8 Step forward RF, ¼ R stepping LF to L side, ¼ R stepping RF to R side replace LF to side

TAG: 8th wall facing 9 O'clock

Cross side tog, knee bounce – R, L, R, L
