

Alien

COPPERKNOB
STEPSHEETS

拍數: 32 牆數: 4 級數: Advanced
編舞者: Hiroko Carlsson (AUS) - September 2020
音樂: Alien - Dennis Lloyd : (iTunes)



(16 counts intro)

[S1] Side Rock, Cross Shuffle, 1/4R-Side, Cross Rock-Side

1 2 Rock R to the side, Recover weight on L
3&4 Cross R over L, Step L close to R, Cross R over L
5 6 Make a 1/4 turn right stepping back on L, Step R to the side (3:00)
7&8 Rock L across R, Recover weight on R, Step L to the side

[S2] Flick Cross-Side x2, Cross-Out-Cross-1/4R, Step-Pivot 1/2L, Shuffle Fwd

&1 Step/hop L on the spot and flick/kick R across L, Hop/step L slightly to the side and flick/kick R to the side
&2 Switch/hop onto R and flick/kick L across R, Hop/step R slightly to the side and flick/kick L to the side
&3 Hop R across L/ L behind R on the spot, Split both feet shoulder length apart
&4 Hop L across R/ R behind L on the spot, Make a 1/4 turn right hopping back on L (lift your R foot forward) (6:00)
5 6 Step forward on R, Make a 1/2 turn left recover weight on L (12:00)
7&8 Shuffle forward R-L-R

[S3] Step-Pivot 1/2R, Side Shuffle, Behind Rock-1/4L-1/2L-Fwd

1 2 Step forward on L, Make a 1/2 turn right recover weight on R (6:00)
3&4 Left side shuffle L-R-L
5 6 Rock R behind L, Recover weight on L
7 8 Make a 1/4 turn left stepping back on R, Make a 1/4 turn left stepping forward on L (9:00)

[S4] &-Tap-&-Heel-&, Fwd w/1/4L-Together, Swivet RL, Behind-Switch-Back-Switch

&1& Step forward on R, Tap L beside R, Step back on L
2& Step R heel forward, Step R in place
3 4 Step forward on L and making a 1/4 turn left (slightly hitching R foot), Step R together
&5 Twist both toes to R (weight on R heel and ball of L), Return to the centre
&6 Twist both toes to L (weight on L heel and ball of R), Return to the centre
&7 Hop/step R behind L and flick/kick L across R, Hop/switch L next to R and kick diagonally forward on R
&8 Hop/step back on R and flick/kick forward on L, Hop/switch L next to R and slightly lift your R foot (6:00)

Then,

Make a 1/4 turn left - stepping R to the side (side rock) to start the next wall (3:00)

The dance finishes at the front.

No tags or restarts

Please feel free to contact me if you need any further information. (hirokoclinedancing@gmail.com)
(updated: 2/Sept/20)