

Ishare Tere

拍數: 96 牆數: 2 級數: Phrased Improver
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音樂: Guru Randhawa - Ishare Tere



Phrase : A-B-A(16count)C-A-A(16count) B-A(16count)C-A-A(16count)

A. Jazz Box, Mambo Side RL

1-4 Cross R over L - Step L back - step R to side - step R fwd
5&6 step R to side - recover L - step R beside L
7&8 step L to side - recover R - step L beside R

Chasse to Right, turn 1/2R Chasse to left out-out in-in

1&2. Step R to side - step L beside R - step R to side
3&4. Turn 1/2R step L to side - step R beside L - step L to side
5-8. step R out - step L out - step R in - step L in

Paddle turn 1/2 Botafogo RL

1&2 step R touch to side - Recover L - step R 1/4 side touch
&3&4 step Recover L - step R 1/4 side touch - recover L - step R beside touch
5&6. Cross R over L - step L to side - recover R
7&8. Cross L over R - step R to side - recover L

Heel touch 2x, couster step, Samba L Full turn

1-2. heel R touch 2x
3&4 step R back - step L together - step
5&6 step fwd L turn 1/4 L - step R behind L - step fwd L turn 1/4 L
&7-8 step R behind L - step fwd L turn 1/4 L - step R touch beside L

##B. Lock step diagonal , Lock suffle diagonal R, Lock step diagonal L, lock suffle diagonal L*

1-2. Step R fwd 1/8R (1.30) - step L behind R
3&4 step R fwd 1/8R (1.30) - step L behind R - step R fwd
5-6. Step L fwd 1/4R (10.30) - step R behind L
7&8 step fwd L 1/4L (10.30) - step R behind L - step L fwd

Jazz box R, Sway 4x

1-4. Step R Cross over L - step L back - step R to side - step L fwd
5-8. hip bump RL RL

Lock step diagonal L, Lock suffle diagonal L, Lock step diagonal , lock suffle diagonal R

1-2. Step L fwd 1/8L (10.30) - step L behind R
3&4 step fwd L 1/8R (10.30) - step L behind R - step R fwd
5-6. Step R fwd 1/4R (1.30) - step L behind R
7&8 step fwd R 1/4R (1.30) - step L behind R - step R fwd

Jazz box L, step back with shimmy

1-4. Step L over R - step R back - step L to side - step R touch beside L
5-8. step RL RL back with shimmy

##C. Step toe touch 4x unchor step back*

1&2 step R toe touch fwd - step R beside L - step L toe touch fwd
&3&4 step L back - step R toe touch fwd - step R back - step L toe touch fwd
5&6 step L back - R recover - step L back

7&8 step R back - L recover - step R back

Step side touch 4x, sailor step

1&2. Step L side touch - step L beside R - step R side touch

&3&4 step R beside L - step L side Touch - step L beside R - step R side Touch

5&6 step R Cross behind L - step L recover - step R to Right

7&8 step L Cross behind R - step R recover - step L to left

Cross shuffle RL, Samba fwd, Samba back

1&2. Step R Cross over L - step L to left - step R Cross over L

3&4. Step L Cross over R - step R to Right - step L Cross over R

5&6 step R fwd - step L beside R - recover R

7&8 step L fwd - step R beside L - recover L

Cross shuffle RL, Pivot full turn

1&2 Step R Cross over L - step L to left - step R Cross over L

3&4. Step L Cross over R - step R to Right - step L Cross over R

5-6 step R fwd - step L turn 1/2L

7-8 step R fwd - step L turn 1/2L

Enjoy dance !!

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