

You Could Be Mine

COPPER KNOB
STEPPERS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Lucy Aprilina Lo (INA) - 25 August 2020
音樂: If U Slip U Slide (You Could Be Mine) (feat. Melissa Musique) - Shaggy



Start dance after 32c

Session 1: SIDE- BEHIND- HEEL JACK- CROSS - SIDE – SAILOR TURN ¼-WALK – WALK

1,2&3&4 Step R to side(1)- step L behind R(2)-step R in place(&)-Touch L Heel diagonal(3)- step L slightly back (&)- cross R Over L (4)
5,6&78 Step L to side(5)- turn ¼ R, sweep R from front to back (6)Step L in place (&)- step R forward(7)- step L forward(8) Facing 3.00

SESSION 2: DIAGONAL SHUFFLE TO RIGHT AND LEFT- HEEL SWITCHES BACKWARD

1&2 Step R diagonal forward(1)- step L beside R(&)- step R diagonal forward (2)
3&4 Step L diagonal forward (3)- step R beside L(&)- Step L diagonal Forward (4)
5&6&7&8& Touch R heel forward(5)- step R back(&)- touch L heel Forward(6) – step L back(&) – touch R heel forward(7)- Step R back (&)- touch L heel forward (8)- step L back (&)

SESSION 3: 1/2 CIRCLE 4 x SHUFFLE

1&2 Turn 1/8 R, step R forward(1) – Step L beside R(&)- step R forward
3&4 Turn 1/8 R , step L forward (3)- step R beside L (&) – step L forward(4)
5&6 Turn 1/8 R, step R forward (5)- step L beside R (&)- step R forward(6)
7&8 Turn 1/8 R step L forward(7)- step.R beside L (&)- step L forward (8) facing 9.00

SESSION 4: BUMPING HIP AND FLICK R & L

123&4 Step R diagonal forward (7.30) with bump hip to R (1)- to L (2) To R (3)- to L (&) – to R (4) and flick on Lf
567&8 Step L diagonal to L (10.30) with bump hip to L (5), to R(6) To L (7)- to R (&) – to L (8) with flick on Rf

Enjoy the dance: keep healthy be happy

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