I Choose

COPPER KNOB

拍數: 48

級數: Intermediate

編舞者: Marianne Langagne (FR) - 27 August 2020

牆數: 2

音樂: I Choose - Alessia Cara

Intro : 24 Counts (Start on the lyrics)

Tag A : At the End of walls 2-5-7-8

Tag B : At the End of Walls 3-6

TAG A 9 Counts at the end of walls 2-5-7-8

- 1 6 Dance Counts 43 to 48 again
- 7-8-9 L Point to the L (7), Hold (8-9)

TAG B 3 Counts at the end of walls 3-6

1-2-3 L Point to the L (1), Hold (2-3)

DANCE 48 - 48 - Tag A - 48 - Tag B - 48 - 48 - Tag A - 48 - Tag B - 48 - Tag A - 48 - Tag A - 48 - Tag A - Final 42

[1-6] ROLLING VINE TO THE LEFT*, CROSS, HOLD

- 1-2-3 LF ¼ Turn L, ½ Turn L-RF Back, ¼ Turn L-LF to the L (12.)
- 4-5-6 Cross RF over LF (4), Hold (5-6)

*Option : Vine to the Left

[7 - 12] RETURN, SIDE, CROSS, SIDE, DRAG

- 1-2-3 Return on LF, RF to the R, Cross LF Over RF
- 4-5-6 Large Step to the R, Slide LF next to RF, L Plant next to RF (bent knee Weight on RF)

[13 – 18] COASTER STEP WITH 3/8 TURN LEFT, RUN R-L-R

- 1-2-3 Pivot on RF around 7.30a.m-LF Back (1), Together (2), LF FWD (3) (7.30a.m)
- 4-5-6 Run R-L-R

[19 – 24] STEP SWEEP, STEP, L POINT TO THE LEFT WITH 1/8 TURN R

- 1-2-3 LF FWD (1), Sweep back to front RF (2), R Point FWD (3)
- 4-5-6 Ball R FWD, Pivot to the R on RF-L Point to the L, Hold (9a.m)

[25 - 30] SAILOR STEP, BEHIND SIDE CROSS

- 1-2-3 Cross LF behind RF, RF to the R, LF to the L
- 4-5-6 Cross RF behind LF, LF to the L, cross RF over LF

[31 – 36] SIDE ROCK ¼ TURN R., STEP FWD, STEP, L POINT TO THE LEFT, HOLD

- 1-2-3 LF to the L, ¼ Turn R-Return on RF, LF FWD (12.)
- 4-5-6 RF FWD, L Point to the L, Hold

[37 – 42] BACK, R POINT TO THE RIGHT, HOLD, TRAVELING PIVOT

- 1-2-3 LF Back, R Point to the R, Hold
- 4-5-6 RF FWD, ¹/₂ turn R-LF Back (6a.m), ¹/₂ Turn R-RF FWD (12.)

[43 - 48] CROSS, SIDE, BACK ON 1/8 TURN L, BACK, SIDE ON 3/8 TURN L, STEP

- 1-2-3 Cross LF over RF, RF to the R, LF Back (11.30)
- 4-5-6 RF Back, LF to the L (6a.m), RF FWD

FINAL : The dance ends facing 12. at count 42

ENJOY !!!

