

Qing Shan Yi Bie Remix (青山一别)

COPPER KNOB
BY STEPHEN

拍數: 32 牆數: 4 級數: Beginner
編舞者: Heru Tian (INA) - September 2020
音樂: Qing Shan Yi Bie (青山一别) (DJ沈念版) - Hai Lai A Mu (海來阿木)



Intro 32 counts - NO TAG, NO RESTART

Section 1 : ½ cha cha box forward- side press- together (L&R)

1-2 step side (Rf), together (Lf)
3&4 fwd (Rf), together (Lf), fwd (Rf)
5-8 side press (Lf), together (Lf), side press (Rf), together (Rf)

Section 2 : ½ cha cha box backward- side press- together (R&L)

1-2 step side (Lf), together (Rf)
3&4 back (Lf), together (Rf), back (Lf)
5-8 side press (Rf), together (Rf), side press (Lf), together (Lf)

Section 3 : pivot ¼ turn L- cross shuffle- ¼ turn R back- side- cross shuffle

1-2 step fwd (Rf), ¼ turn L transfer weight to Lf
3&4 cross (Rf), together (Lf), cross (Rf)
5-6 ¼ turn R back (Lf), side (Rf)
7&8 cross (Lf), together (Rf), cross (Lf)

Section 4 : hip bump x4- hitch- ¼ turn R jazz box

1-4 step side (Rf) push hip to right, push hip to left, push hip to right, push hip to left with hitch (Rf)
5-8 cross fwd (Rf), ¼ turn R behind (Lf), side (Rf), fwd (Lf)

Start over again...
