

Forty Shades Of Green

COPPERKNOB
BY SHEETS

拍數: 32 牆數: 4 級數: High Beginner
編舞者: Derek Robinson (UK) - July 2020
音樂: Forty Shades of Green - Rosanne Cash : (Album: Transatlantic Sessions Series
2 Vol 2 - Amazon, iTunes)



"Forty Shades of Green" is a song about Ireland, written and first performed by Johnny Cash while on a trip to Ireland in 1959. Cash once recalled performing the song in Ireland and being told by an old man afterwards that it must have been an old Irish folk tune!

"Forty Shades of Green" has since been recorded by many other artists and although some versions are unsuitable to dance to because of the phrasing the version by his daughter Rosanne Cash is an excellent and lasting tribute to her father.

#20 count intro, start on lyrics. One easy restart on wall 5

Sec 1 CROSS ROCK, CHASSE RIGHT, CROSS ROCK, CHASSE ¼ TURN

1-2 Cross rock forward on right, recover onto left
3&4 Step right to right side, step left beside right, step right to right side
5-6 Cross rock forward on left, recover onto right
7&8 Step left to left side, step right beside left, turn ¼ left stepping forward on left (9.00)

Sec 2 FORWARD ROCK, SHUFFLE BACK ½ TURN (x2), BACK ROCK

1-2 Rock forward right, recover onto left
3&4 Shuffle ½ turn right, stepping - R L R (3.00)
5&6 Shuffle ½ turn right, stepping - L R L (9.00)
7-8 Rock back on right, recover onto left

(Restart here on wall 5, you will be facing 9.00)

Sec 3 JAZZ BOX ¼ TURN, CROSS, SIDE ROCK, BEHIND, SIDE

1-2 Cross right over left, turn ¼ right stepping back on left (12.00)
3-4 Step right to right side, cross left over right
5-6 Rock to right side on right, recover onto left
7-8 Cross right behind left, step left to left side

Sec 4 FORWARD ROCK, SHUFFLE ½ TURN, FORWARD ROCK, ¼ TURN, HOLD

1-2 Rock forward on right, recover onto left
3-4 Shuffle ½ turn right, stepping - R L R (6.00)
5-6 Rock forward on left, recover onto right
7&8 Turn ¼ left stepping left to left side, hold (3.00)

Begin again