

Happy MaMa

COPPER KNOB
STEPSHEETS

拍數: 32 牆數: 2 級數: Improver
編舞者: Tina Chen Sue-Huei (TW), Julin Chen (TW) & Nina Chen (TW) - August 2020
音樂: Happy Mama - Onetwofree (自由發揮) : (官方MV)



Start Dance After 16 Counts.

S1: LONG CROSS SHUFFLE, FWD MAMBO, 1/4 R BACK MAMBO

1&2&3&4 Cross RF over LF - Small Step LF to L - Cross RF over LF - Small Step LF to L, Cross RF over LF - Small Step LF to L - Cross RF over LF
5&6 Rock LF fwd - Recover on RF - Step LF back
7&8 ¼ Turn R (3.00) rock RF back - Recover on LF - Step RF fwd

S2: (L & R) CROSS SAMBA, VOLTA 3/4 L

1&2 Cross LF over RF - Rock RF to R - Recover on LF
3&4 Cross RF over LF - Rock LF to L - Recover on RF
5&6&7&8 Continuous Volta Spot (L,R,L,R,L,R,L) 3/4 turn L (6:00)

S3: (R & L) DIAGONAL FWD - TOGETHER - FWD - TOUCH, TURNING BOX 3/4 L

1&2& Step RF to diagonal fwd - Step LF beside RF - Step RF to diagonal fwd - Touch LF beside RF
3&4& Step LF to diagonal fwd - Step RF beside LF - Step LF to diagonal fwd - Touch RF beside LF
5&6&7&8 Step RF to R - Hitch LF while ¼ Turn L (3.00) - Step LF to L - Hitch RF while ¼ Turn L (12.00) Step RF to R - Hitch LF while ¼ Turn L (9.00) - Step LF to L

S4: (R & L) FWD MAMBO, FWD - PIVOT 1/4 L, SWIVEL TO L - FLICK

1&2 Step RF fwd - Recover on LF - Step RF beside LF
3&4 Step LF fwd - Recover on RF - Step LF beside RF
5-6 Step R fwd - Pivot ¼ turn L (6.00) weight on LF
7&8& Swivel both heels to L - Swivel both toes to L - Swivel both heels to L - Flick RF to R

Tag (4 Counts): (On Wall-7 After 16 Counts Facing 6:00)

1-4 Step RF to R while Sway hips (R, L, R, L)

Happy Dancing!

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