

# Pick up your Phone

COPPER KNOB  
BY STEPHEN

拍數: 32      牆數: 4      級數: Improver  
編舞者: Niels Poulsen (DK) - August 2020  
音樂: 634-5789 - The Elgins : (Album: The Motown Anthology - iTunes etc - 2:24)



**Intro: 16 counts from beginning of track. App. 8 secs. into track. Start with weight on L foot  
Restart On wall 6 (starts facing 3:00), after 16 counts, now facing 12:00.**

## [1 – 8] R kick ball step, R rock fwd, shuffle ½ R X 2

1&2            Kick R fwd (1), step R down (&), step L fwd (2) 12:00  
3 – 4            Rock R fwd (3), recover back on L (4) 12:00  
5&6            Turn ¼ R stepping R to R side (5), step L next to R (&), turn ¼ R stepping R fwd (6) 6:00  
7&8            Turn ¼ R stepping L to L side (7), step R next to L (&), turn ¼ R stepping L backwards (8)  
12:00

## [9 – 16] R back rock, step ¼ L, R jazz box, step together

1 – 2            Rock back on R (1), recover fwd onto L (2) 12:00  
3 – 4            Step R fwd (3), turn ¼ L onto L (4) 9:00  
5 – 8            Cross R over L (5), step back on L (6), step R to R side (7), step L next to R (8) ... \* restart  
here on wall 6, facing 12:00 9:00

## [17 – 24] Twist heels-toes-heels to R side, clap, twist heels-toes-heels to L side, clap

1 – 4            Twist both heels to R side (1), twist both toes to R side (2), twist both heels to R side (3), clap  
(4) 9:00  
5 – 8            Twist both heels to L side (5), twist both toes to L side (6), twist both heels to L side (7), clap  
(8) 9:00

## [25 – 32] Backwards charleston step, cross, bounce ½ L

1 – 2            Step back on R opening body up to 10:30 (1), point L back (2) 10:30  
3 – 4            Step fwd on L (3), kick R fwd (4) 10:30  
5                Cross R slightly over L squaring up to 9:00 (5) 9:00  
&6&7&8        Raise heels up (&), bounce heels down (6), raise heels up (&), bounce heels down (7), raise  
heels up (&), bounce heels down (8) – Note: during these counts you gradually turn ½ L  
making sure you end with the weight on L on count 8 3:00

**Start Again!**

## Change + Ending

After wall 8 (which ends facing 6:00) The Elgins finish off their song by repeating the chorus twice. Therefore, rather than starting wall 9 from the top (facing 6:00) you finish your dance by doing counts 17-32 twice. However, the second time you repeat counts 17-32 you change the bounce ½ turn to a bounce full turn to finish at 12:00 (you will end with R hooked over L).

**Note: To make the transition from count 32 to count 17 easier: finish off the bounces during wall 8 and 9 stepping R to R side on count 32 - 12:00**

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